

R.A. Podar College
Presents

VASANT BAHAR

the Spring E-Book

ISSUE II

2021-2022





S.P. MANDALI'S

R. A. Podar College of Commerce & Economics (Autonomous)



Vision : समानी व आकृतिः समाना हृदयानि वः
(One in mind and one in heart)

Mission : न हि ज्ञानेन सदृशं पवित्रमिह विद्यते
(There is nothing in this universe as pure as knowledge)

MAGAZINE COMMITTEE

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DISCLAIMER

This e-book is designed to foster creativity among young minds and to motivate our readers. It is only meant for recreational purposes and the content in the e-book is not intended to offend any sentiments or personal experiences. The content of each article is the sole expression and opinion of its young authors. We would like to acknowledge that all the resources and ideas in the e-book are a product of the creators' imagination. No part of this e-book shall be scanned, uploaded, reproduced, distributed or transmitted in any form or means without the permission of S. P. Mandali's R. A. Podar College of Commerce and Economics.

Dear Readers,

**"Adversity is an opportunity for creativity,
Because it forces one to dig deeper
And discover something new about oneself."**

- Paul T P Wong

With gratification, this year we put forth our Second issue of **"Vasant Bahar"** - **The Spring E-Book**, a piece of creation by our own Podar Junior college students.

The theme for this year too is **SPRING** which means "Vasanta" in Sanskrit. The selection of this theme '**SPRING**' is apt because a flower is a beautiful symbol of life and regeneration for it leads to a seed and another plant or tree. Spring is the season in which the voice of Nature or the presence of Nature can be heard or felt everywhere.

The role of a facilitator is to nurture skills and talents of the students. 'Vasant Bahar' is our effort to etch the hidden talents through literary skills, innovative ideas and performing arts through an E-book. It's important to remember that **we all have magic inside us**. Following the tradition of last year, this year too we are obliged to publish out our E-book which will help to eliminate boredom, procrastination and cut-off distractions and thus utilize the time productively.

The journey of weaving reflections, feelings and experiences in the form of "Vasant Bahar" would not have been possible without the constant guidance of our mentors. We profusely thank the students and teachers for giving support and encouragement and a free hand in the endeavour. Last but not the least we are thankful to all the authors and artists who have sent their articles, artworks and performances. We truly hope you all enjoy reading it as much as we enjoyed compiling it.

The Editorial Team

Date of Issue: 02.05.2022

Place: Mumbai

From the Principal's Desk



Dear All,

Greetings to all of you.

It gives me immense pleasure to pen down a few lines on the occasion of the release of the Issue II of Vasant Bahar, the spring E-book.

This initiative by our youngest of all the Podar siblings made me awestruck while reading through the pages of the first Issue released last year.

The idea of publishing an E-book titled as Spring E-book was the brainchild of Dr. Vinda Paralkar, when all of us were compulsorily confined to the four walls of our respective homes during the pandemic.

When the team started working and the final output of their efforts rendered all of us speechless.

Their skill in collecting the matter, organising them in a proper order and collating them reflects the inertia and the inbuilt talent amongst the youngest minds at our campus.

The kind of response and the level of enthusiasm shown by the creative minds of the junior college students was an eye opener to all of us.

It made us realise the need for a platform for these young creative minds and Spring E-book Issue II is the result.

Dear readers, when you read through the 250 plus pages brimming with creative thoughts and innovative expression and the open mindedness you will agree with me that the purpose of education is fulfilled at our campus. It is said that the role of education is to allow the mind to explore, express and get empowered.

Spring E-book eventually is an engine to ignite the active minds of the learners from junior college.

I congratulate the team and the mentor of this endeavour for the excellent rendition of creative thoughts.

They have accelerated curiosity, ignited out of the box thinking and created a pathway for originality.

I wish this endeavour continues such that the young minds are not cluttered with memorisation of academic matters but create space for being oneself and be natural.

As it is said, “For a healthy life eat a colourful diet and for a healthy soul, live a colourful life”. These lines clearly indicate the impact of colour in one’s life. Theme of the E-book in Issue II has everything that is necessary to make ones soul colourful and healthy. And I am sure that readers will surely find it interesting.

I sincerely thank the entire team for this great effort and wish them all the best.

Thanks.

**Dr. Shobana Vasudevan
Chief Editor &
Principal
R A Podar College**

Preface



Greetings to all!

My dear students, you are reading this message on the release of Issue II of Spring E-book, titled ‘Vasant Bahar’ though it is written by me on Vasant Panchami Day – one of the most significant Hindu festivals!!!

Let me tell you about the essence of this day. It is the day of worshiping Goddess Saraswati and seeking her blessings and I wish that on this day Maa Saraswati intensifies your desire to shred lethargy and strive for knowledge and wisdom. May Goddess Saraswati bless us all to achieve great heights in our lives!

This day marks the end of winter and arrival of spring where every aspect of nature takes on a new and beautiful hue. The nature once again becomes lively, cheerful and vibrant. All creatures experience a fresh new life filled with joy and happiness. Sweet smelling flowers, colourful butterflies, chirping birds and soft breeze around fill our minds with positivity. It is the happiest and most beautiful period of the year as we find fresh blossoms and shades of only vibrant colours in the nature around us as if it is appealing to us too, to be colourful joyous and vibrant!

'Be colourful, be you' – as the logo and tagline of Vasant Bahar states, we need to choose only bright colours and hues in our life. By 'being colourful' I mean being multifaceted, energetic and distinctive. So I would like you to take interest not only in your studies but in cultivating your hobbies too. See that you give your best, pour your heart into everything that you undertake to do.

Always be original! In the words of Amy Leigh Mercree - "Be uniquely you. Stand out. Shine. Be colourful. The world needs your prismatic soul!"

A wise old sage once said "Life really can't be measured just in terms of years alone, but by your many thoughtful ways and kindness you have shown". Someone has rightly said "The world is my canvas and I create my reality." It's you who adds colour to your own life – so see that you make it beautiful and not dull and dark. Live a life full of glowing colours, burst into happiness, satisfaction, commitment and affection! Allen Klein says "Your attitude is like a box of crayons that colours your world. Constantly colour your picture in grey and your picture will always be bleak. Try adding some bright colours to the picture by including humour and lighten it up."

This Issue of E-book is before you due to the combined efforts, assistance and support from many people. I take this opportunity to thank all of them. I am extremely grateful to our Principal Dr Shobana Vasudevan for giving us her much required support which made us come out with the Issue II. Launched in the year 2020-21 to provide a stimulus to the creative longing of the young students, our E-book has received whole-hearted contributions for all the three sections, this year too. A big thank you to all those fervent young creative minds for their enthusiastic work of art!!

The mammoth task of editing the E-book would not have been possible without the sincere support of the Teachers' Team in the Magazine Committee. I extend my sincere thanks to them for efforts taken with keen interest in editing and making the final E-copy ready. I would not forget to mention Miss Ruchi Savla for suggesting an apt tag line for the E-book. My gratitude to Mrs Rose John for her good suggestions and for her keenness to ensure the completion of E-book within the limited time framework. Our students' team in the Magazine Committee has worked relentlessly in various capacities throughout the year.

I take this opportunity to thank them for their hard work, sincerity, dedication and organised efforts due to which the E-book has seen the stage of completion. Mr Vaibhav Gupta, Miss Arya Gala, Miss Rutu Mehta and Miss Namrata Hadawale deserve due credit also for making the e-book attractive to the eyes. And last but not the least, I am thankful to the readers for being staunch supporters of Issue I of E-book.

In its second year, it promises to be more vibrant and dynamic in its appearance, coverage and matter. Dear readers, sit back in your easy chair and enjoy reading our Vasant Bahar.

As I superannuate and Mr Madhav Gawande takes over the Vice-Principal's post, this is my last contribution to the E-book.

Just like nature is turning into bright shades, may your life turn into happy shades too.

Place: Mumbai.

Date: 5th February 2022.

Dr. Vinda Paralkar
Executive Editor &
Vice-Principal
(Retired in 2022)
R A Podar (Junior) College



English

Literary

Art



Poems

A Rainbow in Someone's life

Being a rainbow in someone's life doesn't make you any less,
Or a silver lining to the dark cloud ,it's just showering your
kindness.

Support them during their rough and tough times,
The efforts that you put in are worth their smiles.
Just like the rainbow brings in colours to their lives,
All you may get is good and positive vibes.

Grow and help others grow,
Bring in positivity that helps you get with the flow.

Build and grow yourself for a greater purpose,
To be good to stranger or a loved one.

Be an orb of light to someone,
When they have no light at the end of their tunnel.

Embrace this mindset and see the change in you,
But love your life and respect your needs too.

Help someone when they are in need,
You will surely get an reward for your deeds.

It's all about Staying positive and not having an attitude,
Because what you get in return is Gratitude.

Be a rainbow in someone's life,
Coz that's something you get to do once in a while.

VIBGYOR

Beyond the Amber Horizon,
Sitting at the Golden Knees of Heaven
Is the lovely Land of Colours,
Where reside the beaming seven

Today they are in a fiery mood
Each wanted to prove his sway
Said violet to indigo, "I am most vibrant
For the orchids bask in me all day"

Blue interjected, "The splendid sky embraces me
So do the roaring rivers and regal seas"

Green scoffed, "I symbolise nature's harmony,
My lustrous leaves ever-shine in a brisk breeze

Yellow smugly threw himself in the debate
After all, the topaz and fiery Sun were his to brag
Orange snarkily remarked, "Butterflies adore my hue"
Red boasted, "I bathe in blood and fume in fire"

But then a bold voice came out of a void
Spoke White, the amalgamation of all shades
He was the oldest and wisest of them colours
And had come to restore sanity in his aides

**"Albeit you are alluring in your individual splendour
But you all collectively give this cosmos it's shine
Our absence only creates chaos for all beings**

**Aditya Iyer
FYJC (2021 - 2022)**

Life - A Spectrum of Colours

To me, life is a canvas filled with colours.

Colours of euphoria, colours of endeavour.

To me, Life is filled with colours of truth and reality,

Each colour having it's own feature and property.

Life without colours would be dull and bland,

Colours surround you, be it the tree or the sand.

Colours narrate a story, colours depict a feeling,

Colours can be a symbol of warmth and healing.

Be it the vast blue ocean or the lush green trees,

Colours of nature alleviate our fears and worries.

Gazing at the orange dahlias, yellow sunflowers,

Colours of nature bring to us, vitality and power.

The pink cheery blossoms or the purple plum,

In us, Colours of nature evoke love and wisdom.

Let us fill life with colours vibrant and rich,

By being forgiving and showing gratitude to each.

Aastha Patil

FYJC (2021 - 2022)

Spring Festivity

The winter station bids a goodbye;
The snow & sweaters cry.
The train departs for the next station;
And the mother nature welcomes Spring celebration!!

The nature is dressed in the colorful gown;
And its head is adorned with an evergreen crown.
Welcoming it are the birds singing;
Everywhere it moves flowers blooming.

Awakening the nature from deep slumber;
The spring paints it with colors of wonder.
Atmosphere is full of joy and happiness;
The mother earth gets back its liveliness.

The surrounding looks so serene;
Can its beauty you ever -imagine??
Also, the other festival of colors is Spring;
Hence among all season it is the King!!

Akshita Kirtikumar Thakker
SYJC (2021 - 2022)

A Ray of Hope

Stand up alone

And fight for it

There comes a time

When your head gets a hit

Don't be afraid, don't lose heart

There is always someone with a sweet tart

Believe in yourself and rise like a Sun

Never lose hope because you are meant to learn

People around will criticize like hell

But don't be worried because all is well

Be sweet and constant on your goal

Sun is enough to illuminate the whole

Arpita Manoj Jain

SYJC (2021 – 2022)

A Journey through Teenage

That house in the corner
Has a small trap door.
To where does it lead?
I want to explore.

Come all my friends
Come all my foes
Quietly we'll enter
On tip toe.

“Halt!” It says-
“You can't come out”
To enter it or not
I am in doubt

But if we do not enter
How will we know what it's about?
And that is something
I can't go without Krrr.....

Here opens the door
To a whole new world
Wow! What a wonderful world
Of laughter fun and frolic!! I see parties Dance and music!

Hundreds of friends
And loads of food!
Increasing height
And fluctuating mood!

At the end of our journey
We now survive
Having seen the best part of
our LIVES!

Arya
SYJC (2021 - 2022)

Wheel of Change

Life has changed so much
In every single age,
From Paleolithic to Neolithic,
And now the space age
Early man was not polite,
Nor was he rude,
He had some tools,
That were really crude.

He had some fire,
And he made a wheel
He first used wood,
And then he used steel
He made clothes of leaves,
Imagine! Weaving those....
He lived in open caves,
Without a door to close!

Man is an example
Of life's greatest change
He always lives a happy life
No matter how strange.

Arya Gala
SYJC (2021 - 2022)

My Soul

Where is my soul?
Inside me?
Like what would it be?
Like day dreamer owl?
Does it dwell on the court?
Where the sphere of my life lies....?
Or where the foot which is buoyant?
To fill the basket with lively eyes...
Does it appear where I step on the floor?
Or is it on the stage?
Or where I open the performance door..?
Or it's in the midst of a maze?
Does it emerge with the paper?
Or with the contemplative thought?
Does it make me a creator,
Or makes me to think a lot?
Does it arise when I open a book,
Making me clairvoyant?
Or does it urge me to take a look,
On the pictures and words inside,
which are flamboyant? My soul is always with me,
It doesn't allow me to do things which ain't my cup of tea,
Always cherry, Sometimes gloomy,
Yet ever depicting my passion and hobby!

Beautiful Thoughts for Life

Always ask God to give you what you
deserve and not what you desire.
Because your desires may be few,
But you deserve a lot!!

God will be above you to bless you,
Below you to support you,
Before you to guide you,
Behind you to protect you,
Beside you to comfort you,
& inside you to sustain you.....Take care

Life's rules: Assume nothing
Expect little,
Do more, Demand less,
Smile more, Dream big,
Pray often,
Cry once in a while,
And laugh a lot,
Laugh at your mistakes,
But learn from them

Take over your troubles, But gather strength from them,
Have fun with your difficulties,
But overcome them.....

That's life!
Walk towards your desires.
Move towards your dreams
Play towards your aim
Land with your success

Life is different than a teacher
A teacher teaches a lesson &
Then keeps exams.
But life keeps the exams first &
Then teaches the lesson.

Arya Mitesh Gala
SYJC (2021 - 2022)

A Life of Harmony

I sit beneath the tress so green,
Searching for peace of mind.
Dreaming of a land so clean,
A land I hope to find.

The land is peaceful, I hear them say
With the air, oh , so pure!
And all your worries will be washed
Away with water than cure.

This is the land where happiness grows.
Where man's best friend is nature,
Where all men live in harmony
Despite caste, creed or stature.
I know I can pursue this dream

For it will come true some day
To find this magnificent land,
I'm sure we will find a way!

Arya
SYJC (2021 – 2022)

It is a Small World

It is a world full of laughter,
A world of tears
It's a world of hopes
And a world of fears

A world of tears
It's a world of hopes
And a world of fears
It's a small world after all
It's a small, small world.

There's so much that we share
That it's time we are aware
It's a small world after all
It's a small world after all
It's a small, small world
There is desert all around
And in the golden sun
And a smile means
Friendship to everyone

Arya Mitesh Gala
SYJC (2021 – 2022)

Just a mountain is so much
And the ocean is so what?
It's a small world after all
It's a small world after all
It's a small, small world
It is a world full of laughter,

Nature's Magic

Even a sky filled with Stormy, Rainy clouds
and Blustering winds turns Exquisite,
When a Ray of Sunshine makes its way
through a tiny droplet and turns into a
Rainbow with colours that are all Bright.
These Dark clouds are present in all our
lives,

In different forms stealing all our Hopes
and making us feel like Sun will never Rise.
When we are waiting for Melancholy to
turn into Happiness,
For Enlightenment and Support to achieve
Success. For Inspiration and Encouragement to go
after our Dreams,

For Healing from our Past and Sufferings.
What if, while going through our own
Difficulties and on our Journey,
We bring a Ray of Sunshine into life of
other struggling soul and Ecstasy.

Giving each other the Best Gifts which can
never be Forgotten or Broken,
Beautifully growing together and making
this World a Better and Friendly place to
live in.

How Amazing would it be to see the Magic
of our Compassion and Kindness,
And Satisfying to know that we could help
people make their Rainbows amidst all the
Darkness!!!

Deepal Desai
SYJC (2021 - 2022)

Spring - The First Holi

I envy the colours, they are so themselves
They inspire me to be one with myself,
Red shows love but except in rage,
The fervour it has can't be caged.

Down come crashing, the azure waves,
From the infinite horizon, into the mauve cave Daily,
this marvellous a sight, the eyes crave.

Yellow, assurance of health and jovial day,
But it gets a little sombre if another colour crosses its way.

Lively are violet, green and orange,
As a result of their shades and tinge
Altogether, the primary level they infringe!
The jewels get their grandeur from them,
Pieces of rock are they if colours desert them.
It's now time to reject the dull and grey,
Repaint life with colours in full sway!
Shun the old leaves of past away,

You say 'There is never sunshine or a colourful day?'

"Nay!" the Spring would say!
Each season has its colours,
 Opportunities to repaint
But nothing enchantsthe mind
 Like the spring quaint!

Dhananjay Thakur
SYJC (2021 - 2022)

Nature's Way

The beauty of nature is the blissful night,
Had never really escaped my sight.

Or the strong, bright topaz sun of the morning day,
Overcoming the gloomy, overcast clouds of gunmetal gray.

The lustrous sparkle of the big alabastrine moon,
In the cool night atop the hilly sand dune,
Is beauty, people would say,
For that was Nature's way.

Rampant destruction of viridian forest life,
Those innocent creatures filled with worry and strife,
The toil and trouble of this new- age man,
Is draining the resources of our Mother Earth's land.

Stories of revenge hard- set in her mind,
No other way could Mother Earth find?
These are her ways, people say,
For that is Mother Nature's way.

In the future, she's the cause for the death of mankind,
With floods, earthquakes, tsunamis and famine.
An uncontrolled rage spreading across the land,
And everyone clinging to hope's feeble strand.

The cleansing of Earth now has begun,
On the horizon is humanity's setting flaxen sun.
Is what people will say?
For that will be Nature's way.

Jenisha Arora
FYJC (2021 – 2022)

Nature's Hue

Nature has its peculiar ways,
When it is upset, calm it always stays.

There is the beauty of when an eagle soars,
There is the terror of when the argent lightning roars,
There is the beauty of a scarlet flower blooming,
There is the terror of the azure clouds looming,
Beauty and terror, they go hand in hand.
As Nature harbours then both in its land.

The lush viridian rainforests and the roaring turquoise streams,
Show a picture that is like land of dreams.
The vermillion tulips and topaz daffodils impart hue to the land,
Like the deep aquamarine water in contrast against the flaxen sand.

The saffron sun showers us all with beams of light.
The milky moon's dance at night is a mesmerizing sight.
The beauty of Nature is everywhere.
But behind its mask lies terror's lair.

The earth roars against the thunder and lightning,
There arises a feeling in all creatures that is frightening.
Nature can send waves that engulfs cities and towns,
The screams and cries for life, it drowns.
Nature can make the earth quake.
And the fate of our lives in its hand it can shake.
The terror of nature is everywhere
But behind its mask lies beauty's lair.

Beauty and terror both co-exist,
The most important items in nature's list.
It is in our hands, what we want to see,
Treat it well and it will shower you with glee.
Treat it badly, then its wrath you shall see,
Beauty or terror, what is it going to be?
The future beckons, with time we shall see.
Beauty or terror, what is it going to be?
The future beckons, with time we shall see.

Jenisha Arora
FYJC (2021 - 2022)

Life cycle

Sometimes I wondered and question to God,
The journey from womb to tomb
Why is it so odd ?

Right from the childhood to the old age,
The money we make,
But in the end nothing we Take.

The life cycle begins with your birth,
Where growing up seems nice.
But now you need to think twice,
Because growing take up your mirth.

Better are those broken pencils,
Better are those lost erasers,
Until you know what is broken hearts,
And what are lost relations.

What is the purpose of life?
Where all struggle and strive .
For the living to earn ,
There is a lot you will learn .

From the bunch of the lessons you get,

And some the people you met .

LIFE CHANGES !

It takes a turn ...

People come and go,

I wonder why is it so?

Remain only those who care,

With whom every moment you share.

But when this journey ends ,

Nobody joins you, no relatives, no friends.

The birth to death cycle goes on and on,
Somewhere and somehow you are REBORN.

The story starts again...

With the same joy and pain.

I still question God,

Why is it so odd?

Vaishya Khushi Guruprasad

FYJC (2021 - 2022)

Dear Teachers!

Teacher is a person who can make
Any student of her smile ;

And always helps her every student cross
Every single difficult mile .
Believe me this is not a lie,
And no student would deny ,
That teacher is a person on whom
Every student can blindly rely.

I don't know how and why,
But a teacher can somehow make
Her students achieve heights which are higher than SKY !
A teacher always stands beside us,
As strong and as firm as a mountain
Total support;

If students are the ship that needs to be docked ,
Then the teachers are the Port !
For us you are the dazzling bright SUN...
Are love and trust for you is just UNBEATABLE....!

Vaishya Khushi Guruprasad
FYJC (2021 - 2022)

My sweet parents

Mummy you are the best in the world
The strongest of all the ladies about whom I ever heard ,

You are like an angel from the heaven
Who cares for me twenty four by seven
Papa you are the one whom I respect the most,

In my heart you hold a very special mast
Sometimes strict but always soft at heart
You are so sweet like a strawberry tart
Mummu and Papa you are so great

You have helped me take all my decisions till date
You are two most precious gift I have ever got
Mummy and Papa I love you both a lot !

Vaishya Khushi Guruprasad
FYJC (2021 – 2022)

Some colours of life are like this too

Some colours of life are like these ,
When you are a happy go lucky, tension free human until you
are worried about studies,
Till you discover that the best thing to do is sit at home and
be in your hoodies.

Some colours of life are like these too,
When you find out that life is not a fairytale,
If you fail to work hard, you can't tell your future kids a
merry tale.

Some colours of life are like these too,
When you get an opportunity to prove yourself,
To act in a drama and become an elf.

Some colours of life are like these too,
When you are bed ridden and devasted,
And in school from becoming the monitor you are outvoted.

Some colours of life are like these too,
When on every failed result you want to cry,
And you manage to adjust your wings to again fly high.

Some colours of life are like these too,
When your tears and your sweat are finally worth it,
And your grade 10 result is brightly lit.

Kriya Khokhani
FYJC (2021 – 2022)

Colours of Life

Pink is scattered, wails are heard
As a newborn is welcomed to the world.
The baby's giggles welcome the sunshine yellow
As blessings are given for him to be a happy fellow.

As he walks, he sees the greens
He runs, laughs, plays and screams.
He notices the blue raindrop sprinkle
And counts the silver stars that twinkle,

As he becomes a teen, his face with red gleams
As he thinks about the girl of his dreams.
Soon he grows and start working, black fills his closet
As he grows more humble, mature and modest.

White and gold dwells with the ringing church bells
As he is then bound within the marriage spell.
And with the birth of a life, he feels different hues
A mixture of pink, red, green and blue.

As he becomes grey and old
He walks down life's last road.
And then comes the event of white and black
And now, colour is the only thing he lacks.

Life is a vapour

With the life filled with several colours of rainbow,

Open your eyes, open them wider.

Feel the colours and blend within it,

And let them ignite into your soul.

Make your colors spread wide in the sky,

For life is short, make it worth.

Like the vapours which disappears,

Life will also pass with each day going by.

Don't waste your life living for selfish needs & gains,

Or living for what's sin, temporal & vain ,

With millions of colours to choose within,

Choose the one which your soul utters.

Never the time stops passing by,

So make every single day count, make every single moment
worth remembering.

Make your life dazzling with this colours,

And let the soul overcome the traces of blacks and white.

All the colours waiting for you to blend within,

For life is short, make it worth,

As in the end, it's not the years in your life that count but the
life in your years!

Namrata Santosh Hadawale

SYJC (2021 - 2022)

Someone

Somewhere someone is happy,
because life has been so kind.
Somewhere someone is struggling,
trying to be brave in their mind.
Somewhere a baby opens its eyes,
somewhere we lose someone to the skies.
somewhere someone is having a very difficult day...
every moment, good or bad, just passes away...

Niharika Pandey
SYJC (2021 - 2022)

Girl ?

How can the lady smile,
When you force her to kill her own child!
Is it a big mistake in the world?
To give birth to a baby girl.
Why don't we allow her to breathe,
Somebody hears her screams,
Don't we feel pain, while we bury the innocent,
Like it's just a game.

When we kill that one life,
We kill a mother, a daughter and a wife.
But murderers have you over felt a mother's rage.
For the afterlife of her child she will make a change.

It's time that we all raise a voice.
To make the right choice.
So that her life shines bright.
Raise the spark for her to ignite.
To give her a good life of joys and smiles.

Prachiti Bhalerao
FYJC (2021 – 2022)

Teacher!! My Educational Rockstar.

Never concerned about the income that you take,
Instead worried about the outcome that your students make.
Selfless, loving, caring and many more
qualities in you there are
Can call you a guide, protector or better
my educational rock star.

Respect for you all in our eyes would never be less,
Cause teachers are the reasons behind a student's success.

The knowledge you gave us was all we ever knew,
Really honoured to grow under the blessing
of teachers like you.

Prachiti Bhalerao

FYJC (2021 - 2022)

Why God made Daughters

While God created daughters.
He took very special care
To find precious treasures
To make them sweet and fair.

He fashioned them from sugar
And a little bit of spice.

He gave them sunny laughter and everything that's nice.
God smiled when he made daughters because he knew
He had created love and happiness
For every Mom and Dad.

Prachiti Bhalerao
FYJC (2021 - 2022)

Colours of Mother Nature

From those clouds, there is a light that hits the earth,

The birds chirping and making this world rebirth.

The orange color symbolizing warmth and excitement,

As the sun in the sky has lighted.

The flowers dazzling along the wind,

The honeybees ready to twin.

The happiness that spreads around,

Is all so soothing!

Trees finding its way to rise high,

Into the prettiest sky.

Spreading the light of freshness and wealth,

Because the trees have set high.

The crystal clear water enjoying its way,

Hitting the stones colored grey.

Spreading everywhere the word of calmness and trust,

Telling everyone to follow it.

The night has captured the earth,

Making everyone realize the worth.

Symbolizing that days do come to an end,

But next day is a new beginning!

Rutu Kuntal Mehta

SYJC (2021 – 2022)

Nature

The greenery during the rain,
Feels so pleasant.
Relieving all our pain,
Is the nature giving us a present?

All the flowers blooming with pop of colour,
And the Sky being duller.

The seven colours of the rainbow,
Needs to take a bow.
For enlightening the joy,
That we enjoy!!

Rutuja Ravikant Sarmalkar
SYJC (2021 - 2022)

Life

Life is full of circumstances

But we are upset when we lose coming chances

We come with nothing and go with nothing

But we take love and affection from everybody

No one knows when will one die

But it is difficult for everyone to say goodbye

It is always questioned to me that in my life why are there so many people?

Then I understood life is full of battles

Some people understand mean and some misunderstand me

But my family will always love me

Life has two roads, Likes and Dislikes

But some people fall in life because they choose what others like

Today's world is full of competition
and many competitors.

But there are a very few who can act as mentors.

I cannot imagine a life without my family and friends
Because they are my pillars and all my strength.

Saichha Sandeep Mestry
SYJC (2021 – 2022)

Hard Work And Luck

I have always wondered I ain't lucky.
Do we need to open the luck lock with some key?
Always wondered how my peers get through it all
academics, co-curricular and I am enthralled.
Is it that God has blessed one with luck? No, I think it is" hard
work"

Hard work and luck go hand in hand.
The harder and smarter you work; everything goes as in
your plan.

Successful people and their key
Luck follows after hard work is the tea.

Give up your sleep, supper and see.
The harder you work the luckier you'll be.
So my foes and my pals, the secret is in front of you all.
Harder you work luckier you'll be
Because this has been the history.

Sawni Gajway
SYJC (2021 - 2022)

Corona King

All the ways there is lockdown,
Shutters are closed in the whole town.

Corona King is ruling us,
By wearing deadly and furious crown.

At every second a fearful news,
Politicians are having their own views.

Corona King has held a sword,
Every individual is saying "Oh My God!"

Vaccines are telling "Please Wait"
But deaths have increased at a high rate.

Corona King has opened a fatal gate,
But God will save us, have faith.

The whole country is wearing a mask,
Living without it is a dangerous task.

Corona King has launched an infectious rocket,
Many are struggling with empty pockets.

Humanity should be conscious and wise,
Actions should be taken to stop the rise.

Corona King will be at our feet,
And finally, accept his defeat.

Wheel of Change

Life has changed so much
In every single age,
From Paleolithic to Neolithic,
And now the space age
Early man was not polite,
Nor was he rude,
He had some tools,
That were really crude.

He had some fire,
And he made a wheel
He first used wood,
And then he used steel
He made clothes of leaves,
Imagine! Weaving those....
He lived in open caves,
Without a door to close!

Man is an example
Of life's greatest change
He always lives a happy life
No matter how strange.

My Girlfriend is an Alien

Why am I trapped in your magic oh! Why
I don't know why I miss you, I almost die
It's an annoying feeling and I feel so tired

But why I can't let it go from my mind
I'm very headstrong and make you bored
But sometimes it seems you feel not at all
Until the day I smile, it makes you feel more

That I want to leave the universe all
Call it the gravity, it's gravity.....

Because of you having the gravity
Half of universe to me that it cannot stop me
I'm feeling so sad like I belong to nowhere
But you are always making me warm like the sun there
Cross over past million light-years, just make you to love me
now from here.

Love is the satellite that follows the planet
And you are the little planet that I'll always wait

Wait a long time and the longest.
Just to see you and never make you forget
Ask the rain to call you for me, please
Just want to listen to your heart, what needs

In spite of knowing that you came for me to eat
But why you don't do that thing of your needs.

Call it the gravity, it's gravity.....

Because of you having the gravity

Half of universe to me that it cannot stop me

I'm feeling so sad like I belong to nowhere

But you are always making me warm like the sun there
Cross over past million light-years, just make you to love me
now from here.

Love is the satellite that follows the planet
And you are the little planet that I'll always wait
Wait a long time and the longest.
Just to see you and never make you forget.

Shravan Balkrishna Dange

SYJC (2021 - 2022)

A Rising Star

Laughing through the cry,
So am I.

Walking through the crowd,
Fixing my ground.

I am parents' pet learning internet,
To get my life set.
Giving entrance test,
Doing all my best.

From television and video games, I stayed very far,
I am molding myself into
Tomorrow's 'shining star'.

Sumit Ambre
FYJC (2021 – 2022)

Life – A Roller Coaster

Life is a struggle full of ups and downs high and lows;
Tis but a roller coaster, full of thrill and adventure
Downfalls & blows.
Without falling out, to stay in the ride;
Have your seat belts in place tied.
The falls makes us stronger
So that we may rise higher.
The lessons. we learn in times of despair;
Fortify us for life's problem to bear
"Why only me?" we may ask
Only choice is to turn back or face the task
Even gold shines only after putting in fire;
So, to create marvel of our life, we must never tire
Face life as it comes boldly;
And success will be yours solely.

Sumit Ambre
FYJC (2021 – 2022)

Lucent Moon

Moon the satellite of earth,
Life is started by birth.
Darkened as new moon,
Growth is seen soon.

Next comes the waxing crescent,
Try to live in present.
Follows by first quarter,
Persons becomes our supporter.

Almost being waxing gibbous,
Mind is full of ambitious .
Full moon is just attractive,
Daily routine is hyperactive.

But back to wanting gibbous,
Dreams seem like fictitious.
Added on as third quarter,
Life seems now shorter.

Subsequent by waning crescent,
But energized to effervescent.
It comes every night, Gives hopes to live bright.

Unpredictable Times

Affected by deadly virus,
Can be happiness in desirous.
Difficult to create vibes positive,
Necessary to test negative.

Working at skyscraper place,
Work from home is new space.
Dressed in branded coat,
Wearing pyjamas to company
quote.

Staying all day in the block,
Think out of box to rock.
Waring to glue on mobile,
Digital education is global.

Life has become dramatize,
With trendy sanitize.
Post- covid is informal,
A way to our new normal.

Having embraced back to
childhood,
Hobbies the strangest wildwood.
Meeting pals on the way,
Connected with screen display.

Unnati Sawant
SYJC (2021 – 2022)

Calling and ordering food,
Cooking by traditional tastes
good.

Leisure places are banned,
Waking up to get tanned.

Mysterious Colours

The ray of light;
Dark in the night.
Glittering in the sky;
Unstoppable though very high.

Colour contrast is unimaginable;
Depicting it is impossible.
How can I know it's secret ?
They multiply in huge rate.

Moments to discovery;
Life is treasury.
Nature is greenery;
Full of colourful scenery.

Boy alone in dark;
New path to embark.
Searching his unfolded dreams;
Universe is our supreme.

Unnati Sawant
SYJC (2021 – 2022)

Oh Life! I will come out of this!

I will surely come out of this...

Oh life!! I will surely come out of this...

No more I can survive with these broken wings,

N fathomless pain in my heart.

I know to live life...is an ART,

Though I feel my entire breath is ruthlessly taken away,

Still I will strive hard to make myself strong.

Though this is a period of incubation,

I will surely turn from a caterpillar into a beautiful butterfly.

With passing time...this storm will come to stand still,

I will save myself from this havoc with my strong will.

With faith in the lord, truly I can fly above the clouds,

like an eagle that leaves everything behind.

N soar high n high in the sky.

Like Phoenix I will come out of ashes,

Yes life !! Afraid not... I will make u proud with joy!!!!

Vaibhav Gupta

SYJC (2021 – 2021)

Colours In Your Life

Life starts in the morn and ends in dark,
Errors between make them spark.
The energy reserved your tomorrow,
Not too much fizzy to revive your today.

That no way means end of your day,
But another action comes into play.
Live life each day renewing the old,
Let your mistakes act vivid till then.

You will get your chance to strike,
That's all about your patience insight.
Every bloom comes next hatchway,
It's that your time to roar.

Never look behind sobbing your sins,
They are just hindrances for your today's win.
You are a hero of your own story,
Obligatory that you complete it wise.

Vishal Kotak
SYJC (2021 - 2022)

Nature's Love

Nature has a feeling : woods, fields and brooks;
They speak happiness beyond reach of books.

The soft blue shade of sky along the warm breeze;
The forest echoes and true wisdom rooted in nature's peace.

Behold world in a grain of sand and paradise in a flower;
Lounge in a prairie and feel placidity in an hour.

As the sun and moon shall still abide;
Beneath their day and night and heaven wide.

There's nothing like the sound of falling snow;
The only noise that makes clocks move slow.

This sound that's quiet, pleasant and dear;
That comforts souls who sit, watch and hear.

The colours of the flower fade, as the rains fall;
Some weak rooted bends while some stay tall.

This old earth needs our help to stay green;
We need to support it, to make it, to make it again fresh and clean.

Confusion Pool

Never knew what comes next,
Laying hopefully in God's nest.
Times sounds unpredictable,
Everything else seems unable .

Living became death tunnel,
Breathing seems struggle.
Essentials only available,
Precaution mustn't avoidable.

Endangered species back to life,
Human Life in death knife.
Nature blessed to be balance,
Mankind stressed and
imbalance.

Birth - death life cycle,
Blessings are innumerable
recycle.
No one knows the end,
Be optimistic to defend.

Rising are mortality rates,
Deaths occur on every dates.
Loss can't be recoverable,
Persons cry uncontrollable.

Unnati Sawant
SYJC (2021 - 2022)

Covid surge to pandemic,
Virus is a kind of epic.
Mammoth task to detect,
Countries suffer the ripple effect.

Glittery Colours

Red seeks attention;
Stimulates to be caution.
Orange signifies adventurous;
Expresses freedom and
dangerous.

Yellow is full of positivity;
Awakes awareness to motivity .
Lime green denotes growth;
Nurture us from our birth

Kelly green represents stability;
Encourages upto our ability.
Sky blue gives us wisdom;
Inspires productivity to kingdom

Royal blue symbolizes
responsibility; Creates
impression and creativity.
Violet fantasizes imagination;
Motivates action and
communication.

Pink is playful and immature;
Life is not so impure.
Brown needs all comforts;
Suppress emotions and tells
efforts.

Gray is quite quiet;
Associate timeless and diet.
Black gives power and control;
Endless Beauty rolls to
decontrol.

Unnati Sawant
SYJC (2021 - 2022)



Write Ups

Life: A Blank Canvas OR An Artist's Masterpiece

The title doesn't sound correct, right? Well, that itself serves my purpose of writing this persuasive/ descriptive essay. Can we spare a moment for ourselves and think, what made us ask this question? It's the interest we have in our lives. It's our curiosity that made us ask. Imagine a life where there is no curiosity, no dreams or ambitions to fulfil, no adventures, no risk bearing, no future plans, no attractions....

Life would seem to be so dull without that interest, dynamism, charisma, that go-for-it attitude and would soon turn into a boring monotony. That's what I call, "Living life like a blank canvas" wherein we, actually are nobody. [A person without any ambitions, dreams, adventures, wishes and interest in life is actually nobody] Then what constituents in life make it an 'artist's masterpiece'? The canvas is the reflection of an artist's imagination. Similarly, life is a canvas that reflects your experiences. In an attempt to make our artpiece wonderful i.e., to make our life wonderful, we make different colour combinations (warm and cool colours). Now, this is like meeting new people having different qualities, characteristics, likings and their own unique personalities. We come across people of varied age groups - small toddlers who are the reason of immense joy in one's life, same - aged friends with whom we are adventurous and dotaged grandparents (elders) who probably were born in

pre-independence era, who are a treasure of anecdotes, stories and experience. They teach us to be cautious and vigilant in our activities to save us from disastrous events. Sometimes our colour combinations work very nicely together and they look vibrant, similar to the way we make friends and gradually we share a strong bond.

Sometimes the combinations don't work together and the artwork turns out to be not up to the mark. This is like having disagreements, anger or hatred against people we meet. We gain this experience only when we try out different colour combinations, that is, when we interact with different kinds of people. Each individual has his own band of colours that perfectly blends with his/her personality. These colours are nothing but emotions, ideas etc.

This experience that we earn by trying out different combinations brings out a wonderful art piece on the canvas. Interacting with people unfolds the various colours of life to us which in turn moulds our personality in the journey of life. Our mother nature helps us to unfold so many colours of life. The shedding of leaves of trees in the season of autumn and blossoms of flowers and leaves sprouting out in the season of spring preach us that we also must shed our colours of anger, hatred, envy, jealousy and start afresh and spread the colours of joy, happiness, caring, affection and love to all. The way a sepal of a flowering plant protects the bud is similar to the

way our parents protect us while we are still maturing/ growing. Thereafter, when the bud is ready to bloom into a flower, the sepal then acts as a support system (backbone) to the flower. The flower sustains its presence on the stem just because of this sepal. It prevents the flower from dropping off at the time of heavy winds or any calamities. This is just like how our parents take a supportive role, stand by us as a guiding lamp and are always there for us.

Nature has also given us many vibrant colours through fruits, vegetables and flowers. Let's pickup any random colour out of the box and we will have a subsequent product offered to us by mother nature. There is yellow in lime, mango, marigold, sunflower. Purple in brinjal and jamuns. Red in chillies, tomatoes, roses, jasmine. Green in capsicum, coriander, all leafy vegetables and so on... the leaf of every plant has a different venation, texture, shape etc. This might look very silly or unusual, but if we take a moment and observe all these intricacies of nature, we would realise that nature itself breaks its monotony. Nature has so much of variety which we didn't even notice till date. Also, these small miracles in nature teach us deep philosophies of living life. Now, when we would start appreciating/ observing the nature and when we start leading a life that's full of variety, that would mark the beginning of making our life an artist's masterpiece. I always believe that

every individual should live life to the fullest with utmost enjoyment. Living life is not just about earning money, having a family, eat and sleep. Life should be filled with colours of adventures, risks, courage, pleasure and enjoyment simultaneous to patience, safety, perseverance and endurance. It shouldn't be bound by the pressure of our own fears, rather we should conquer our fears and live life in the best way possible. Colours of worries and stress will always come and pass by, but we must stay strong and never let the dark colours of fear or depression overpower us.

Music is an art which has the power of changing one's life from a blank canvas to that of an artist's masterpiece. Then be it any form of music; Indian classical, devotional, jazz, symphonies etc. Music has that palette of various colours to fill in one's life. A lonely person who has lost his dear ones or has nobody in his/ her life can find a companion in music. It can act as a strong pillar of hope and support and a consoling figure at times of extreme grief/ loneliness. Music is a silver lining for a disheartened or demotivated individual. Music can act as their motivation and make them stand up strong once again in the course of life. Music can soothe our mind and help to attain peace and control our rage. Many colours are hidden in music. They unfold differently to each one of us. So, as I said, a person who is nobody [who lives life like a blank canvas], can start

painting his life into an artist's masterpiece by listening to music. Life would be merrier with music since it would stimulate optimism, happiness in life and curiosity about the future. Hence, music plays vital role in filling various colours in one's life and making it an artist's masterpiece. To conclude, I would like to quote Sadhguru's saying. He says "If you don't invest your life in what you really care for, your life is wasted. You will not fly-you will just drag yourself through life." So, do not be a blank canvas and be easily influenced by any random person, instead, be an artist's masterpiece and be the one who influences others, for the good. You can be the one who inspires and motivates others to be an artist and start their journey of carving out their life into an artist's masterpiece.

Ameya Karulkar
SYJC (2021 - 2022)

Just a little oblivious

It was raining. Not so gently. The usual pitter patter sound was long gone, it now sounded like a group of people were loudly clapping. Very many people ,unlike me, during monsoons complained about the network, the electricity, the roads and what not. But I always found solace in the rain, the muddy aroma it left after a pour was incomparable . Geeta was always intimidated by it though. She never had liked rains, nor the sound of the booming thunder. That's why she had called me, frantic and exasperated. And I was here. After putting her to bed, I helped myself with chai. She had forgotten to put the tin of sugar inside the cupboard again. I was sipping on my hot chai and letting the cold air from the window envelope me.

The apartment was eerily silent. It had been since a year now. Except occasional wails and sobs from Geeta, everything was quite. She had tuned out completely. I never understood why she insisted on living alone after everything that happened, but she was rigid with her notion. "It feels like he's still around", she said. Her son Vihaan had been living with me since two months now. Especially after the incident of her feeding him cashews for snacks and him having an allergic reaction to it. No. She wasn't abusive to her child, just a little less watchful and a lot more forgetful , she was in fact grieving. Her husband had passed away last year. On the unfaithful day of 29th June,

1999. Serving his country in the victorious war of Kargil. Her family was torn apart, everyone was. Her, though, she couldn't get out of her mourning phase. She was a young twenty-six year old girl. Gorgeous with luscious long black hair, dark brown eyes. Perfect. Her husband was quite a handsome man himself. Fair, tall, broad with black eyes and hair with an army cut.

Everyone pitied her. "Oh! So unlucky. She lost her husband at such a young age.", they said. It was a usual dialogue for them and as time passed it seemed less genuine. She didn't want anyone's pity. She was sad, angry and proud. Yes, she was proud that her husband laid his life down for the country. But sad and enraged because she lost him. Her other half, her soul mate. I suggested that she should visit a doctor. "Will help her grieve.", I'd said. Her parents had scoffed and chided at me, telling me that she needn't go to a doctor , she wasn't crazy. Their pride was too big for their boots. They were so soulless, they wanted to get her to remarry. Remarry. Said that she was too young to waste away her life crying. She asked them of what would happen to her son Vihaan and they said "It will get difficult because you have son but we can manage." That was the last time she spoke to them. She couldn't be with someone when she wasn't even done with grieving over her just dead

husband.

I was reminiscing of happy memories with my friends when a sob entered my ears. I put my cup in the sink and walked towards her room.

"Please come back Vivek!"

"Please! Vihaan! Don't worry Vihaan your father's with us."

"Hey, shhh. Shsh" I embraced her tightly. "It's okay.", I cooed.

"Where's Vihaan?", she asked, frantically looking into my eyes.

"He's at my house. He's taken care of. Remember?"

"Yes! Yes! I do " she squealed. "A nightmare was it?" I smiled at her, caressing her unruly hair. "Yes! So foolish of me. I got scared over nothing." She said palming her forehead.

"The nightmare was about Vivek I suppose?" I asked.

"Yes." She cackled loudly. "I had a dream that he died. I mean my brain has gone crazy. " my eyes were quizzical when I looked at her but she didn't probably notice.

"You know I sent him to the market to bring me some cake."

"Cake?" "Yeah. You know how I love the sweets." "Ye-yeah", I stuttered back. "What a surprise though! You're here!" she exclaimed. exclaimed.

Just a lot forgetful.

Be A Rainbow In Someone's Life

'Be a rainbow in someone's life '.This proverb is given by Maya Angelous which means we should be like rainbow always ready to help others, she was the best woman to inspire the lives in a timeless way.

She always used to tell, always be prepared to help someone today, tomorrow it might be your turn. I've learned that people will forget what you said ,people will forget what you did ,but they will never forget how you made them feel. In ancient times rainbow was considered as the symbol of peace and harmony in society. Our life is similar to rainbow who needs both the sun and rain to form colours. Not everyone's life is beautiful and colorful like rainbow. We are the one who have to make their life more colorful and pleasant similar to rainbow. Help is like a miracle which can happen anytime.

We all might know the story of Lion and Rat, where first lion helped the rat and then the rat helped the lion may helped the lion may the size of rat be small but what he did is the great thing.

Nowadays, many of the celebrations to help the poor people, we should also try to help people not similar to them but a small help can also do. Even many small rally or startups helps people to move ahead.

God haven't gifted everyone the colours, the human itself has to create its own colours. We all have the opportunity to make others life colorful as rainbow and as beautiful as us. We should atleast help them by inspiring, motivating and improving their confidence skills. Someone might be facing financial issues ,frustration due to jobs, health issues, and many such them, we can help them a little.
Even if the person is dead, we can take an initiative to donate the organs and make someone's life more colorful.

We should be trained by elders to be like a rainbow. If we help someone in their bad times ,next is our turn. We all have the power to change someone's negative

negative mind into positive. 'Our life is like a crayon box.'

Last but not the least 'Start speaking to the people rather than walking by them like they are the stones that don't matter. As long you're breathing it's never too late to do some good.' We should accept the challenge to help ten people and ask them to help the next ten ,and to be the rainbow in someone's life.

We can use social media for them instead of using them for time pass. Be a rainbow in someone's life.

Anjali Vilas Mitbaokar
FYJC (2021 - 2022)

Life and Colours

Life is like a rainbow! You need all the colours to make it beautiful. Colours affect us in many aspects of life. The way we think, our mindset, our mood and also our productivity level is influenced by the colours in our surroundings.

We should enjoy our colourful life, Rather the colours in our own life make our lives more beautiful. People perceive the colours in their lives and their behaviour depends upon the same colours that they perceive.

For an instance, if we see greenery everywhere we get influenced by the green colour which represents growth, harmony, freshness, safety and fertility. Colours are interpreted differently by the people. What humans perceive is what they interpret in every aspect pf their daily well-being.

Colours are a form of creativity. We have represented creativity in an effervescent way using colours in our life. painting more beautiful.

Living life is often compared to painting a canvas. Every stroke of the brush with different colour schemes make the painting more beautiful. schemes make the painting more beautiful.

Interesting Mathematical Formula

WHAT EQUALS 101% IN LIFE?

HERE IS A LITTLE MATHEMATICAL FORMULA

A	B	C	D	E	F	G	H
1	2	3	4	5	6	7	8
I	J	K	L	M	N	O	P
9	10	11	12	13	14	16	17
Q	R	S	T	U	V	W	X
18	19	20	21	22	23	24	25
Y	Z						
26	27						

1.H+A+R+D+W+O+R+K (HARDWORK)

$$8+1+18+4+23+15+18+11 \text{ (98%)}$$

2.A+T+T+I+T+U+D+E (ATTITUDE)

$$1+20+20+9+20+21+4+5 \text{ (100%)}$$

3.L+O+V+E+O+F+G+O+D (LOVE OF GOD)

$$12+15+22+5+15+6+7+15+4 \text{ (101%)}$$

So, the answer for all of this is.....

HARDWORK CAN TAKE YOU CLOSE TO SUCCESS.

ATTITUDE CAN TAKE YOU CLOSE TO SUCCESS.

BUT LOVE OF GOD WILL PUT YOU OVER THE TOP OF SUCCESS.

Arya Gala

SYJC (2021 - 2022)

“Colours” Permeated

“Nature”

Colours enrich and accentuate the beauty of nature. ‘The world of nature’ is colourful and bright and human imagination cannot hope to match it. Right from bright Yellow Lemon to pink Flamingo, nature prospers with no bounds! The sky can be clearly blue and also, appear in variegated hues as it reflects the glory of the rising and setting sun. The ocean which is normally associated with blue colour in reality, is not so all the time. The water doctrines all the subtle shades and even the rivers and streams reflect the surroundings and acquire that colour. The colourless drops of rain proliferate the amount of greenery on the earth. On the banks of rivers, tiny pink and white buds blossom into flowers. The yellow sunflower dancing merrily in the fields perfuses a person with happiness. At the end of a day, the night covers us in its black shawl and a silvery, white soothing light spreads its arms on us. Nature displays colours to please us. Colours have immense significance in our life and therefore, ‘ loving the colour is loving the nature’.

Arya
SYJC (2021 - 2022)

Golden Words

1. The Best Day – Today
2. The Greatest Sin – Fear
3. The Best Gift – Forgiveness
4. The Meanest Feeling – Jealousy
5. The Greatest Need – Common Sense
6. The most expensive indulgence – Hatred
7. The Greatest trouble maker – Talking too much
8. The Greatest teacher – One who makes you feel you want to learn
9. The Cleverest Man – One who does what he thinks right
10. The Worst Bankrupt – The soul that lost its Enthusiasm

11. The Cheapest, Stupidest, Easiest Thing to do – Finding fault in others
12. The best part of one's religion – Gentleness and carefulness

The Power Of Smile

Smile soothing word isn't it?? And also pleasing for the eyes as well. A smile is not just an expression of your joy; but it also helps to spread happiness. One simple smile has the power to calm fear, insecurity, hurt and anxiety. It has the power within it to change the world because smiles are contagious.

I believe in the power of smile. All smiles are beautiful and genuine. Even fake smile can make someone happy. Everyone has different types of smile but all smiles send out the same message.....
HAPPINESS.

Do you know when each time we smile we throw a little feel good party in our brain. It relaxes the facial muscles and calms the nervous system. Laughing sends more oxygen to our brain. And ultimately it benefits our health and wellness. It lowers pressure, relieves stress and boosts mood.

My mother always keeps on telling me to smile in all situations whether it may

be happy or sad. She says to me
everytime.. " Arya you look so pretty and
beautiful when you wear a smile."
Keep smiling guys. Have a great day..

Arya Gala
SYJC (2021 - 2022)

Impossible Is A Word In The Dictionary Of Fools

It was Napoleon Bonaparte, the great conqueror who said, “Impossible is a word to be found only in the dictionary of fools.” Come to think of it, there is so much, truth in this quote. How often we have thought that a particular plan is impossible. But then the situation changes and the plan becomes possible. Those who think the same thing can never be done are not fools, rather I would say rather, they are lazy, unimaginative, unambitious and are weak of heart. If Sherpa Tenzing had said, “Climbing Mount Everest is impossible” his name would not have been in the history books today. If Wimla Rudolf had listened to her doctor and never got off the bed, being paralytic, she would have never won three Olympic gold medals. Doing and achieving depends on the strength of the mind and the heart. Life keeps on testing us across every twist and turn. We come across hundreds of obstacles on our upward journey. It is for us to say, “No matter, I can overcome this roadblock as well.” It is from such attitude that all achievements and all successes originate. So instead of shedding tears when things become too difficult, let us like Walt-Disney say, “It’s kind of fun to do the impossible.”

Know The Value Of Time

If u want to know the value of.....

1. 1 year : Talk to a student who has failed for a year.
2. 1 month : Talk to a woman who has given birth to a premature baby.
3. 1 week : Talk to a person whose livelihood depends on weekly salary.
4. 1 day : Talk to a person who is bed ridden for the day and depends on daily wages for his livelihood.
5. 1 hour : Talk to a person who has been waiting for his friend for the past 1 hour and who hasn't yet come.
6. 1 minute : Talk to a person who has just missed the bus by a minute to attend an important meeting.
7. 1 second : Talk to a computer expert.
8. 1 millisecond : One who lost a race in Olympics.

Time and tide waits for none. Time is the most precious thing in each one's life. Once it is lost, it is lost forever. Hence effective time management is vital. The person who has learnt the skill of time managing his/her time has obtained the golden key to all great achievements in life. Therefore start today and you will end up being a winner.

Arya
SYJC (2021 - 2022)

Golden Words “Thank You”

And” Sorry”

“The wicked man cools down before the one, who forgives on his own. Fire gets blown away when it falls on dry hay!” Very often, when two people fight over matters, big or small, a third party intervenes to make peace. This happens with kids too. The reason would be anything. Each one of us thinks we are right in an argument. In the heat of the moment, we don’t realise what are we doing or saying. That is why we end up hurting our own dear friend. It is at this juncture mom, dad, aunt or teacher so often coax us to say “SORRY.” Saying “SORRY” means swallowing your hurt pride. Another golden word is “THANK YOU.” We should be thankful for all blessings of the lord. Also, we must remember to thank others for any favors done to us. Every year, on the fourth Thursday, in the month of November, “Thanks Giving Day” is celebrated in America. We Indians too celebrate this day in the form of festivals like GURU PURNIMA, RAKSHA BANDHAN, DUSSEhra, etc. Saying THANK YOU means creating heart space. Truly the golden words “SORRY” and “THANK YOU” will stand tall like the mountain that allows smoke to hover above its head.

Never regret a day in your life

The most familiar word in today's era is 'The Covid Pandemic', isn't it? It has almost affected everyone and most importantly the life of students. Students have become dull. There seems to be a fatigue setting in among students. I believe, if there are problems, there are solutions too. Ask yourself a very simple question, "What can I do to keep myself busy?" As a friend, I will tell you some interesting things which you can do and enjoy your life even in this pandemic.

1. Write poetry, essay or bullet journal: This is the best way you can write your thoughts on some topics. Choose some positive and funny topics so that you spread happiness in everyone's life.
2. Spend time with your family: Play some games you've never played with your family. Encourage your family to play.
3. Call and chat with your friends: Use Skype, Google Hangouts, WhatsApp, Zoom, Facetime to video chat with your friends.
4. Read short stories and novels: Reading is a very good habit which everyone should inculcate in themselves. It will enhance your vocabulary and you can even use your time effectively.
5. Watch movies with your family: Try to do something different in your room. Watch some scary movies with your family while eating tasty popcorn.

6. Pick out your favorite photos :Go through your camera roll, pick your favorite pictures from the past years and make a photo book or order framed versions online.
7. Try to cook something interesting: On YouTube, watch some new and unique recipes and try to cook them and share those recipes with your friends and families.
8. DSD: This mantra of 'Dancing, Singing and Drawing' is the most effective mantra to stay cool and enjoy your life to the fullest.
9. Learn new languages: Try to learn some new languages. There are various YouTube channels and also you can download 'Duolingo' and learn new languages.

These are some interesting things which you all can enjoy in this pandemic and be cheerful and happy. Always remember, 'Never regret a day in your life: good days give happiness, bad days give experience, worst days give lessons and best days give memories'.

Bhumika Chakraborty
SYJC (2021 - 2022)

I Hate Myself

"I hate myself, I hate my appearance, the environment in which I am. I feel so hated and I don't know what to do with it. When I see the pictures in the magazines, I want to look back into my life, I no longer like what I see". We all see to the stretchmark's, split ends, colours of our skin etc. and then think" I am hated ". All this could not prove, what you are nor can they stop you from getting what you deserve. Why do you always blame all this? Think once, are all these factors making you weak? Yes, they are making you and me weak from the mind as well as the heart. You and I are getting weaker and weaker as the days pass by. Why? Just because of all these silly or idiotic reasons. They cannot represent what you and I am. Everyone looks at outer beauty i.e. adorableness but why nobody looks at inner beauty which includes kindness, helpfulness, respect, humanity, care, concern, thoughtfulness etc. This world is made so used to outer beauty that no one pays attention to inner beauty which is much more important. If people have it, they hate others who don't have the same, While if they don't have the appealing appearance, they blame themselves and start hating themselves for not being as good as others. Why are all this insecurities pulling us down? Why are we letting them do so? A lot of times people be sorry for being what they are i.e. for being themselves. Thousands and millions of time we apologize for just being ourselves. Every

night the silence takes you back and leads you to overthink yourself and all your insecurities. You get filled with so much of negativity that negativity becomes you. This is your life. Try to be the person you want to be and not what others want you to be. People tends to always say that be confident but they do not understand that you are tired of listing to all this hate that you have received. All this makes you weak and after this how can one expect you to be confident? This weakness consumes us entirely from the mind as well as heart. Every time in the war between inner and outer beauty, outer beauty wins just because it captures the eyes. But inner beauty must win in this race because it captures the heart. I think the real king of this is inner beauty and not outer beauty. We are so filled with hate that we suffocate with these thoughts that no one will love us. Think once did our parents love us after seeing our appearance. Did they stop loving us after seeing that some were skinny while others healthy or some tan while others are milky. Don't let others opinion kill the real you. You are the master of your own life make it colourful, joyful, enjoy it to the fullest. Make your imagination come into reality. Try to work hard on your inner beauty. Make it so strong that no one could ever look at your outer beauty. Make them change their perspective by your goodness. After all, try to find you. Try to gain real love and not fake likes on social media. Don't try to

hide the spots behind the light. Don't create a fake image of you being flawless. After all that you see in pictures cannot define what you are in real life. Try to build your personality. If you want to find the real you look beneath the skin into the soul because the solution lies there not externally. At last colour your life with your imagination, dreams, goals. Don't let your colours fade due to others opinion.

Namrata Hadawale
SYJC (2021 - 2022)

Monotonous world without colours

Tress without colour. Aah no way, the nature herself only holds a variety of colourful and attractive things and imaging of these objects without colour will be too unusual, won't it be? Yes it will be. I mean just have a look at some most beautiful things around you right from sea (river, stream, well) to surface below & above the vast sky there exists millions of colours with millions of shades. There are many terms related to colour which we all use in our day to day life. The world of nature is colorful and bright and human ingenuity cannot hope to match it. Right from the sky above to the sea below, nature abounds in the richness of color. The human eye and the human mind respond to this world of color and identify themselves with it. When a person is cheerful and bright we refer to him as a 'colorful personality', similarly the different colors are used to indicate human moods and attitudes: blue is associated with depression, white is likened with serenity, green with jealousy and red with rage. Color is also used to relieve tension. Psychologists have investigated the effect of colour on the working ability of workers and have come to the conclusion that certain colors are more conducive to Positive thinking than others. Nature fulfils man's longing for

color: there is variety in everything. The sky can be clear and blue, it can be dark with clouds, it reflects the glory of the rising sun and the variegated hues of the setting sun. The sea which is normally associated with blue is not really so all the time. The sea water can be blue, green, grey and many more subtle shades and even the rivers and streams reflect the surrounding area and acquire that colour.

Coleridge's poem 'The Ancient Mariner' is rich in its description of the world of nature. People who do not observe are not able to notice the finer shades and are consequently not able to enjoy this valuable side of life. While spring is rich with colour, autumn provides a restful view to the eye with its soft browns and ripe greens and winter brings in the whiteness of snow along with its stillness conveying the effect of sleepiness and hibernation. And if on the one hand there is joy and vivacity in spring, there is coolness in the abundance of the green forests, and a challenge in the dark rocks of the mountains and an immensity in the vast, barren stretches of sand. No painter's effort can successfully capture the elusive world of nature. Nature's world of color, especially among the animals, has a deeper purpose than their variety. The colour of animals helps them to successfully camouflage themselves. If the toad is brown and mingles with the color of the earth, the frog merges with the green colour of the scum. The polar bear is white but

not so the tropical bear. Fishes also have the ability to change colour in order to mingle with their surroundings as do some birds like the willow ptarmigan. Lizards also have different colors according to their surroundings – a desert lizard will be sand-colored while a lizard in a heavy monsoon area will be of greenish hue. Butterflies and insects also share this characteristic. This is not to say that animals and birds do not have bright colors which contrast with their surroundings. This also has a purpose. The bright colors of the peacock are not only a pleasure to the human eye but they also push the peahen into obscurity and offer her greater protection. Thus color does not only give pleasure, it also has a purpose. Imagine life without the color of nature! It would indeed be dull and monotonous: the sparkle of life will not be there. Color also has brought up problems. The whole problem of racial discrimination is connected with the color of the human skin. Men are hidebound in their narrow beliefs and have not yet learnt to value the variety of color and have not understood nature's purpose behind this.

Namrata Hadawale
SYJC (2021 – 2022)

A Rainbow in Someone's Life

Once upon a time, there lived a family in a small village but they were rich as compared to the other villagers. The family consisted of Father, Mother and three children, the eldest son of which was 15 years old, and two daughters aged 12 and 4. The 4-year old's name was Tes. She was handicapped because when she was two, she had fallen from a window and broke her arm, shoulder and legs. Since then, she wasn't able work by herself. Nevertheless, she was rich enough to have servants who could work for her. Her parents were very selfish and though being rich, they never helped any of the villagers because of which the villagers used to hate them. One day, Tes's father was playing poker where he lost all his money, property and ultimately, his life. Tes's mother was an alcohol addict and used to ask for food from others. The kids now had started looking dull and poor. One day, some people found the dead body of Tes's mother near the well. People said that she was drunk the last night and in a state of intoxication, banged her head to a boulder and died. Later, looking at the miserable condition of the children the villagers felt pity and thus, after performing the death rituals of the lady, they gave them some food and clothing. After some time, they started thinking about what should be done with the kids because

now, they were all alone. A Farmer said, "I shall take the elder son as he can help me in the fields". Stepping forward, a woman said "Well, the second girl will be mine." No one was willing to take Tes because of her physical condition. Tes was helpless. Finally, the villager came up with the idea of taking her to an orphanage. Suddenly a potter, stopped them and said, "How can we send her to an orphanage, what if they don't take good care of her?" This led to a long debate, which left Tes utterly disappointed. Everyone was stern on sending Tes to an orphanage and the potter failed at persuading them. Tes was finally sent to an orphanage nearby. The Potter, Mr. Heden, had set on to his work but somewhere in his heart, he had an intuition that something was wrong. Therefore, he went back to Tes. She was crying and upset. She asked Mr. Heden to not leave her alone. Mr. Heden lifted her and took her home knowing that Mrs. Heden won't accept her. Since the couple had no child of their own, she had no experience of raising a child. When Mr. Heden reached home, he changed Tes's clothes, gave her some food and made her sleep. He was ready to speak to his wife. Mrs. Heden said that "Why do you always have to help the community? Is it necessary? We are tight on budget already. How are we going to afford her expenses?" Mr. Heden said, "Don't worry, it's just a matter of a

a day. I couldn't have left a disabled child to starve, therefore I brought her home. Tomorrow, I'll find a home for her. "Next morning, before heading to work he asked his wife to take care of Tes and be nice to her. He left. Mrs. Heden took good care of her the whole day. When Mr. Heden returned in the evening, he peeped in from the window to see that Tes and his wife were having a good time together! When he entered home, he went to Tes's room and asked her about the day. She replied, "It was a good day. Mrs. Heden took care of me, gave me a shower, fed me, read some stories to me. I had almost forgotten all my pains". Listening to this, Mr. Heden was surprised. While having dinner, he informed his wife that he had found a home for Tes. But she said, "Let her stay here for a few more days, you may take her to her new home after that" Tes stayed with Mr. and Mrs. Heden for a few days more and then forever. Before Tes's arrival, Mrs. Heden used to be alone at home the whole day, because of which she had become arrogant and grumpy. She had no bright colours in her life. After spending time with Tes, she started experiencing the vibrant side of life. Tes had appeared like a 'Rainbow of Happiness and Love' in Mr. and Mrs. Heden's colourless sky of life. On the other hand, after losing her parents and siblings, Tes's life had become dull. But after getting a family, she got those colours, and her life

was jolly again!.

**THIS IS HOW TES AND THE HEDEN COUPLE BECAME A RAINBOW
IN EACH OTHERS' LIFE...**

Prajakta Rajendra Mohite

SYJC (2021 - 2022)

Impact of Colours in life

Colours have always been an integral part in our lives. But what is colour? It can be a sensation produced on eye by rays of light when resolved as by prism into different wavelength. Human society started to use colour thousands of years ago. It can be said that nature was the source for introduction and recognition of colours for human beings who with time discovered many colours by mixing existing ones. Back in Asian times of the Egypt, they believe that colours have healing properties when it comes to mental health. Even the Chinese around 2000 years ago used colours for diagnosis. In the early 20th century studies were conducted to see how colour can be used as some form of therapy in treating depression And migraine. Therefore we cannot deny the fact that colours play amuch bigger part in human lives than just create painting. It has become a big part of our life be it work, art or health. The most important impact that colours put on human lives is that it creates responses psychologically and induce physiological perception. This in turn creates influence to our daily lives whether it is fashion, art or commerce. It also affects our physical and mental sensations. Human's reactions to colours are instinctive and learned. While instinctive reactions seems to be universal, learned reaction is much influenced by culture. Different culture will have different

culture will have different feeling and perception towards different colour. For instance, the three primary colours and the universal reaction towards them. The RED colour will evoke the deepest feelings and dangerous emotion in humans. It can bring excitement, passion, love, desire, energy etc. However, red also represent blood, aggression, danger, violence etc. The YELLOW colour brings completely opposite perception as compared to red. Humans generally see the yellow colour as colour of happiness, joy, optimism and imagination. It also brings the meaning of summer time, gold and wealth. The other side of yellow is it can induce the feeling of anxiety and unease. It also can create an atmosphere of jealousy, illness and betrayal. While BLUE is universally recognised as the colour of life and renewal. This is because our sky and water are blue in colour. It can evoke peace, tranquility, stability, harmony, unity and security. Back in Greece, blue represented virginity. The other side represents emotional coldness and depression. In human's world, colour serves pleasure influence or to evoke emotion response while in nature colours have purpose and meaning for their existence. Most human beings in the world don't realize that colour play a big part in their lives. This is because humans are surrounded by colours from the moment they are born. Just think of the world without colours. Even it is next to

impossible to imagine such kind of a world. Be thankful to god and nature for such a wonderful, incredibly colourful and beautiful world. Have we ever asked why we wanted to stay at some place for longer or shorter time? This is because colours affect our emotions, thinking, desires and state of mind. When it comes to food, we eat attractive and colourful food items which also increase our appetite and zest to eat the food. We tend to eat attractive food items with greater enthusiasm as compared to dull food items. Colourful and attractive food items influence our hunger and force us to eat more. Even in ancient ages, when humans didn't knew cooking, they chose what to eat on the basis of colour also. Rather than choosing pale and dull fruits they preferred bright colour fruits because they were symbolic of them being ripen. In the business world colour is used in branding. This is because specific colour used in branding are symbolic. Colours are chosen as per the message the company or the firm wants to convey through their brand and its marketing. For example, banks prefer blue colour because blue is perceived as trustworthy, secure, dependable, and responsible. White represents, cleanliness, peace and purity in human's perception and hence it is used in baby products, wears in funeral etc. These are just a few prospects about importance of colours. Hence colours have a

great impact on our life. Just to understand how much colours are integral part of our life, imagine how a colourless world would be? Have a chat on this with a person who is blind. Be grateful for having Colours in life.

Pratik Bhosekar
SYJC (2021 - 2022)

Be A Rainbow In Someone's Life

Always be a rainbow in someone's life. Whether he or she is a fool or wise. Always come forward to seek opportunity otherwise you will lose your ability. Don't think whether he/she is dark or fair. Always be ready for their advices. You can change their life by bringing happiness to them. So that they can also bring happiness to you. So get ready to become a warrior and fight like a warrior. If you are a happiness in someone's life then they will also bring happiness to your life. So be like a rainbow to fill a colour of yellow.

Rahul Agarwal
SYJC (2020 – 2021)

Life Is Like A Box Of Crayons

Teenage

In this world, everybody has some or the other problems? They always tend to say that life is very hard full of dilemma and problems but trust me once you get deeper into this life you will enjoy it to the fullest. Life is like a box of crayons i.e. it is full of colours and we should know how to use those colours. Before going into the well we tend to give up. We don't want to try but always want to cry. We don't know that we can do so many things in our life. Challenges will come in life and we have to face it. No one will do it for you. You have to push yourself to get successful in your life. Never give up. Always work towards your path of life you will definitely achieve your goal. So be like a warrior not a worrier. Enjoy this beautiful life to the fullest. You will be always happy in your life, Trust me!

Rahul Agarwal
SYJC (2020 – 2021)

Be A Rainbow In Someone's Life

After rain there's a rainbow,

After a storm there's calm,

After a night there's a morning,

And after an end

THERE'S A NEW BEGINNING!

Within every cloud, there's a silver lining. From every patch of rain, somewhere there is a rainbow to be found. Have you ever thought why do rainbow appear after a dark storm? This is because God wants to say that there is always a light of hope after every dark end. The colors of this rainbow depicts hope, positivity, willingness to stand after a downfall experienced unproductive days in your life where you just don't wish to do anything OR Have you ever come across any bad situations in your life? At that moment it feels, that the life has come to an end same like a full stop after a sentence. But as we know, every new sentence starts after a full stop, in the same way, success comes only after failure. We need to understand that every person is going through something which we can't see. We should try to spread colors of hope, positivity, resilient. Even a simple smile can make someone's day. Here are some ideas on how you can be a rainbow in someone's life:

- 1 Compliment the person who made for you coffee or tea.
- 2 Ask that friend who was uncharacteristically quiet if everything is OK.
- 3 Tell someone you care about them.
- 4 Smile at the people in your office, gym, or at regular haunt.
- 5 Send a note to a sick friend.
- 6 Forgive or stop holding a grudge against someone who hurt you.

These are the simple ideas which everyone can follow and try to spread colors in someone's life. When a white light hits the prism, only then the rainbow is formed. In the same way you just have to be the white light in someone's life and this light if got hit directly into the heart, then the person is surely going to spread like a rainbow and make the world look prettier. Rainbows introduce us to reflections of different beautiful possibilities, so we never forget that pain and grief are not the final options in life. Rainbow reminds us that even the darkest clouds and the fiercest winds there is still beauty. A pearl is formed only in the oyster. The oyster goes through different climatic conditions and only then a pearl is formed. A mother goes under a lot of pain to bring a baby into this world. She is strong and fights because she knows that there is everyone standing by her side. Similarly, we just have to be someone's support and spread colors into their life. Somewhere over the

rainbow, skies are blue and the dreams that you dare to dream
really do come true.

Rutu Mehta
SYJC (2021 - 2022)

A hue of blue

We need an open form of conversation without judging others. Nobody tends to talk about the thing which have cost them the most amount of pain. We try to suppress it from other people. We think by neglecting our personal ordeals, we may be able to live a life with ease. It doesn't work that way though in reality. Those suffering won't leave you until you face them. People usually choose ignoring the pain within themselves which they think is sinful. This causes a lethal reaction in your mind which affects everyday life. You see that malevolence in everybody around. This starts to create a toxic environment. We tend to just give pain to others in order to hide our own wounds. Its not easy to deal with your past demons. But you have got to have courage because everybody in this world is hurting in some way or the other so instead of concealing it within ourselves let's embrace it. Don't let your hue of blue turn into the wrath of darkness. Maybe your life isn't as vibrant as you'd like it to be, at least don't ruin the colors you do have. I can't assure a clear path but I always hope to catch a glimpse of a rainbow when it rains.

Savio Dason
SYJC (2021 - 2022)

Perception Of Colours In Society.

“All things bright and beautiful,
All creatures great and small,
All things wise and wonderful,
The Lord God made them all.
Each little flower that opens,
Each little bird that sings,
He made their glowing colours,
He made their tiny wings.”

-Cecil Alexander.

Colours play an essential role in helping us visualize everything around us. There are scientifically proven study methods that show that people tend to remember more of what they see, feel and experience than what they hear or maybe write. Compare your notes which you prepare for your self-studies versus the plain boring written assignment. The colorfully highlighted notes are more appealing to read and we remember them more easily. Comic books and children's books with pictures and colours seem more appealing than novels. This is how colours play a very crucial role in our day-to-day lives. While every colour its shades, tints have their uniqueness and perception, society has made some of its laws

on them. Being a vivid follower of art and craft colours have been a part of my life since the beginning. I enjoy mixing colours and playing around with them and it leads to a beautiful creation often. Ok, when I say red or when you hear red the most common things people are reminded of is either danger or love(red rose, heart). What about yellow? Warmth, brightness, or joy. Purple, well my favorite one it reminds me of magic while you may have some other way to perceive it. Now comes the easy part where mostly everyone has just one perception about the following colours. Pink for girls and blue for boys. There has been this association of pink only for girls and it has to be their favorite and if a boy likes pink then he is made fun of. Even in most of the products, for example, kinder joy chocolate there is a separate pink one for girls and blue for boys. Well, I don't get this. If I say white it mostly signifies peace and beauty. While another of my most favorite colour and the most controversial one 'Black'. It generally has a perception of being evil, cruel, and ugly. There has always been discrimination while it comes to black Always remember that from black coal is where the diamond comes. A survey was conducted between few American and African children between ages 5 to 7 about which doll is the bad or ugly doll

black or the white one, all of them said the black one. And when asked which is the nice or beautiful one they said the white doll. This has become the classic perception of colour black and is very relevant in India as well. What we can do is spread awareness and let each colour be perceived as something good rather than discriminating colours as well with already existing discriminations. Black is beautiful and will always be according to me. What about you?.

Let's try to change the perspective of people because without black, no colour has any depth. Colours make life so beautiful. To encapsulate, colours indeed play a huge role in our lives, a bright colour instantly lifts up our mood and activates the happy hormones in our body. After a heavy rainy day, when the ray of light enters the house through the window panes and we see a beautiful rainbow outside in the blue sky created after the light rays hits a water droplet is just so picturesque. It is just like as if all the sorrows have been washed away and even a person who has had a bad day will feel ecstatic after seeing the wonderful phenomena of nature and colours that's how powerful colours are. Just gazing at green leaves of the trees for a while or looking at bright flowers makes everybody cheerful and invokes a sense of positivity and calmness, this is how bright colours add to our lives in every moment, just be

thankful and feel privileged that we can see these beautiful colours and our mother nature. As they rightly say “colours are the smiles of nature”.

Sawni Gajway
SYJC (2021 - 2022)

Impact Of Colors In Life

Colours are very important in our life. We have a close relationship with colours. Colour enlivens us, enlivens the mind. We want our yard to be full of colourful flowers. We choose Special colours for the walls, windows, curtains of the house. The combination of colours in any art enhances it's beauty many times over. This depth of colours also has a profound effect on our lives. Religion also has a special purpose for the existence of colours. Knowing the science of colours, our sages have included it in religion. Making Rangoli at the place of worship shows the psychology of one colour only. Kanku, turmeric, abil-gulal in the form of five colours are involved in each puja. The colour of the flags of the religion, the colour of the tilak, the colour of the garments of the lord are also kept special so that one can get inspiration from its colours during the Dharmakarya. The qualities of those colours can be adopted within us.

OUR RELATIONSHIP

WITH COLOURS

You may not realize it, but color can have a way of influencing your mood and choices. In fact, many big brands use color psychology in their branding and marketing to influence consumers. Color is a powerful communication tool

and can be used to signal action, influence mood, and even influence physiological reactions. According to experts, you can apply psychology to things that matter to you. If you're looking to attract someone or keep your relationship interesting, there are colors for that. Certain colors have been associated with increased blood pressure, increased metabolism, and eyestrain.

Warm colors attributes

Red attributes -love, passion, health, joy, energy and life.

Orange attributes -warmth, change, and health

Yellow attributes -happiness, cheer, warmth, optimism

Pink attributes -romance, gentleness, sweetness, playfulness

Gold attributes -riches, opulence, and tradition.

Cool colors attributes

Blue attributes -calm, wisdom, importance, trust, and integrity

Green attributes -health, growth, environment, tranquility and harmony

Purple attributes -wealth, nobility, luxury, spiritualism, magic, creativity

White attributes -innocence, cleanliness, clarity, and openness

Black attributes -authority, power, elegance, and mystery.

Imperfectly Perfectly *Christmas*

I perfectly remember it was 1st December. Christmas bells were ringing in my mind with merry mood for celebration . I shouted in the house ; It's time to shop , bake , decorate , travel , enjoy to fullest !! There came the voice " World is suffering from Pandemic and you are least concerned about

" Tired of being lectured by family I shut the door and layed on bed . Happy mood ruined into angerness. Limited options to unwind , video called my brother , Roy who settled in USA . (It's better to use social media apps cause international call charges a lot)

He picked up " what's up sista ? "

"Nothing much " , I replied

Are you coming for Christmas ?

The sound of 'NO' echoed in room and it hurted I just hung up the call and ignored his incoming calls. Boring online lectures scheduled with no jokes and no friends seemed bland .No choice to attend it with YouTube in background though I was looking forward to experience college life, fresher's party to innumerable events, meeting classmates. I let my emotions burst out " Why everything I get excited doesn't sound happening ? I blamed the virus from ruining everyone's plan.

Not to mentioned the amount of anxiety and mood swings I have been experiencing. To add fuel my soul Grandma called me and started sharing her fond memories of Christmas. She told how they use to save penny for buying Christmas items, waiting for Santa , making snowman's ornaments, attending mass at midnight, having grand ritual turkey dinner with every family members . She narrated how earnestly she waited for Christmas because that when she got new clothes and gifts. In my mind I asked when will I able to enjoy as earlier. I remember as kid I thought that Santa and Snowman are brothers and they just loved the fir tree nothing else. Dadda and Mumma insisted to take part in decorating the house but least interested me to decorate the same way as earlier with things. First time I hadn't been involved in Christmas fest process. Days passed by with the pandemic schedule. The doorbell ringed, I wondered there must be some grocery boy, but when I opened the door there came a guy with Santa mask and the appearance, gesture gave me brief idea It was Roy. I jumped upon him, hugged him and finally punched him for not informing me about his plans. I asked my all my answers and then gave place to sit. Nobody's face appeared shocking as mine. So I asked, They

unanimously said "We wanted to Surprise you darling". I was on cloud nine, top of the world with snow feathers and with Santa. Hehe We shopped via websites. Creative genes mode on ; started learning how to make wreath both failed I trying 1st time but eventually succeeded, planned to construct snowman with cotton . Mumma and Grandma baked delicious cakes , muffins with limited ingredients . Dadda created invitation cards for zoom via art Apps. Seeing the process going on I wondered the pandemic turned to be epic. Midnight of 25th we all dressed and set for Christmas mass via laptop. Then Dadda adjusting the Christmas decorations so that everybody could see it though video calls. Enjoying the life with minimalistic things. Grandma came close by and whispered in my ears "Try to see happiness, hopes in every situation. Merry Christmas darling"

Unnati Sawant
SYJC (2021 - 2022)

Dear Father

The real & rare precious elements of everyone's family
FATHER.

Working day and night just to earn white collar job with the additional responsibilities of TIE, Like the outer layer of TIE, he represents the tough exterior, stubborn never to loose any situation and overcome all the obstacles coming in family's path.

Affectionate, Subtle, loving nature of his is often hidden just like back layer of TIE. Smooth cloth of its just his way of communicating. It's pointing edge acts as sword he often uses to shield his loved ones.

Backbone of family; never cribbed about appreciation, helpfulness , misfortune, He is just imperfectly perfect in every way.

Unnati Sawant
SYJC (2021 – 2022)

Manifestation

Summer vacation in India means native place. Experiencing nature with ancestors and living in real authentic world. I shouted ; Panic attack " No Internet Connection " Dad enjoying my expression , " True happiness " . Waking up at dawn in the middle of Rajasthan 's Thar desert appears like as I am residing at Mars . I saw different spectrum of red ,orange , yellow .The hot burning sun was just like omelet. "Come here dear Kavita , Pick this fresh camel's milk " I hurriedly went up there to see the process of milk rearing . He insisted me to drink it , it is full of calcium and vitamin. Hesitant to drink , but drank gradually it was tint salty , thick As I started listening to the stories of grandfather , I was immensely hurt that farmers were succumbing due to no agriculture production because of no sign of Rain .Every sector suffered the damage of it be it salt production , domestic water cuts , textile and dying industries etc I could sense the intensity of Sarpanch voice slowly changing from bold into emotional , deep down my heart sank, I started thinking . Determined I will do whatever impossible to relift, relieve Rajasthani .

Coming abode, I ran inside my bedroom to mediate before bath. I strongly believe in Mediation and Mindfulness which

gives me immense energy to fulfill all my goals . I had read of "Manifestation", a technique to achieve whatever desire and be close to Almighty God .Inner voice said " Just give it a chance, there is nothing to lose " .

Day 1 , started practicing but it seems complex to get proper approach , focus was terrible that day not achieving the Zen mode . Bathed in hot water had healthiest and tastiest of Rajasthanis thali food approximately 23 dishes . Had to fullest everyone went for nap. Suddenly there came footsteps sound , I asked " Where are you going Grandpa and Grandma ? " I insisted to take me . Initially no but agreed to take me .

Wanting to know and gather all information about the rural life , difficulties , obstacles and provide a right solution was much needed . It could help me to introspect and have clear vision to manifest gaining all psychological , emotional , geographical surroundings . The Panchayat samiti's body language and para language said it all . The villagers had circuit network , the centric figure " Panchayat Mr . R O Kothari . He listed down all sorts of issues , acres of land , production damage etc and assured to compensate it through Unity .

Many Suns and Moons went by , I practiced diligently and had achieved sense of calmness and goal oriented mind but want I

needed was far more in impossible way . But believing was only weapon . I clearly remember 22th May ; being in manifestation ; sparkles everyone , shining pretty ; mysterious Angel (Goddess) Bhawani came by , the view was spectacular , never imagined that I would experience Almighty in life . I could only decode the message inside clouds "Something impossible is going to happen " In the nick of time she disappeared. Joyous I started dancing totally forgetting that I had to depart to Mumbai ; Vacation over , School time . Departing back was tough journey , saying goodbye to all the journey but a impossible thing last unaccomplished . Back at home , no mood to go school but had to go , pondering about Rain and Rajasthan . Returning home I had 5 miscall of mom , dad and 10 of Grandpa . I wondered what has happen . All joined in for conference call and said " Kabira your magic worked " I felt so blessed and relieved never experienced this anything before and started believing everything is impossible with God .

Unnati Sawant
SYJC (2021 - 2022)



Quotes

Quotes

**“We Are Like A Box Of Crayons
Each One Of Us Unique
But When We Get Together
The Picture Is Complete”**

-From The Crayon Box That Talked

**Rahul G. Agarwal
SYJC (2020 - 2021)**

Quotes

Every sunset gives us one day less to live...!
But every sunrise gives us one day more to hope...!

Let's wake up to hope for the best.

Beautiful life is just as imagination.
But real life is more beautiful than imagination;
so, enjoy

each and every moment of your life.

In life, we have a lot to lose and a very little to choose.
Whenever you get a chance to choose,
do it wisely and see that you never lose what you choose.

Sumit Santosh Ambre
FYJC (2021 - 2022)

Winners V/S Losers

The Winner is always part of the answer.
The Loser is always part of the problem.

The Winner says, "Let me do it for you."
The Loser says, "That is not my job."

The Winner sees an answer for every problem.
The Loser sees a problem for every answer.

The Winner always has a program made
The Loser always has an excuse.

The Winner says, "It may be difficult but it is not impossible."
The Loser says, "It may be possible but it is difficult."

The Winner says, "I must do something."
The Loser says, "Something must be done."

The Winner makes commitments.
The Loser makes promises.

Arya Gala
SYJC (2021 - 2022)

Quotes

At the first impression,
Physicality matters definitely
Upto Introduction.

But after that,
Hidden mentality behind the
Physicality matters a lot.

Shaurya Karalkar
FYJC (2021 - 2022)



Recipes

Beetroot Paratha



You might have heard of Aloo Paratha, Gobi Paratha, Paneer Paratha and even Cheese Paratha. But today, the recipe that I am going to share with you is of a very interesting type of Paratha that has Beetroot as its core ingredient!

Packed with essential nutrients, beetroots are a great source of fiber, folate (vitamin B9), manganese, potassium, iron, and vitamin C. Beetroots are rich in antioxidants and can also boost your brain power!

So, let's quickly see how is it made!

FOR THE BEETROOT PASTE YOU NEED :

- 2 tsp Oil
- ½ tsp Ginger-Garlic Paste
- 3 Chilies (slit)
- 1½ cup Beetroot (grated)
- ½ tsp Salt
- 2 tbsp Water

INSTRUCTIONS FOR BEETROOT PASTE

In a hot pan, add oil and after a few seconds add in the Ginger-Garlic paste and the Chilies and stir for half a minute.

Then, add the grated beetroot and stir again. After stirring for a while, add in salt as per taste.

Add some water and close the pan with a lid and let the beetroot cook.

After cooking for 10 minutes, transfer the cooked beetroot into a mixer and grind it into a paste. Add water as per requirement while grinding.

THE BEETROOT PASTE IS READY NOW! WHAT NEXT?!

FOR THE DOUGH YOU NEED :

2 cups Wheat flour / Atta

½ tsp Cumin

½ tsp Garam Masala

½ tsp Carom seeds / Ajwain

½ tsp salt

Coriander (finely chopped)

1 tsp Oil

INSTRUCTIONS FOR THE PARATHA

In a large bowl, take 2 cups wheat flour, $\frac{1}{2}$ tsp jeera, $\frac{1}{2}$ tsp garam masala, $\frac{1}{2}$ tsp ajwain and $\frac{1}{2}$ tsp salt.

Mix well, making sure all the spices are combined well.

Further add the prepared beetroot paste, coriander and 1 tsp oil. Add water and knead a soft dough.

Now grease the dough with some oil, and rest the dough for 15 minutes.

Further, pinch a ball sized dough and roll it in a circle like a chapati, but not too thin.

Now on a hot tawa place the rolled paratha and cook for a minute.

Furthermore, when the base is partly cooked, flip the beetroot paratha.

Also spread $\frac{1}{2}$ tsp oil and press slightly both the sides.

Flip again once or twice till both the sides are cooked properly.

A HEALTHY AND TASTY PARATHA IS READY TO BE SERVED!!

BON APPETITE!

Amruta Sambukumar Nair

SYJC (2021 - 2022)

Lemon Rasam



- Firstly, in a large kadai take 1 tomato, 2 inch ginger, 3 chilli, few curry leaves and 2 tbsp coriander.
- Also add $\frac{1}{2}$ tsp turmeric, 1 tsp salt and 5 cup water.
- Mix well, cover and boil for 15 minutes.
- After boiling, the tomato has softened and all the flavours are in the water.
- Further, add $1\frac{1}{2}$ cup toor dal and get to a boil.
- Prepare the tempering by heating 3 tsp oil. you can also use ghee for better flavour.
- Splutter 1 tsp cumin, 1 dried red chilli, few curry leaves and pinch hing.
- Pour the tempering over the rasam.
- Also add 2 tbsp grated coconut, 2 tbsp finely chopped coriander and 2 tbsp lemon juice. mix well.
- Finally, enjoy lemon rasam with steamed rice or you can drink it as a soup.

Deepika Dharanesh Chinnam
FYJC (2021 - 2022)

Fresh Juice, Pineapple Smoothie

Ingredients:

- 2 peeled clementine
- 1 peeled carrot
- 1/2 small pineapple
- 1 cm piece peeled ginger

Method:



Cut the carrot and pineapple into chunks and put in the juicer along with the clementine and ginger. Juice following the instructions for your machine. Pour into a large glass and serve.

2) PINEAPPLE SMOOTHY

Ingredient

- 150g trimmed, peeled and chopped pineapple
- 1 small banana, peeled and sliced
- 1 lime juiced
- ice (optional)

Method

STEP 1

Blitz the pineapple in a blender with the banana, lime juice and 50ml cold water until smooth.

STEP 2

Fill a tall glass with ice, if you like, pour over the smoothie and serve immediately.

Bottle Gourd Paratha

Benefits of Bottle Gourd Paratha:

- Eating Bottle Gourd reduces stress.
- Helps in weight loss.
- Helps in treating sleeping disorders.
- Helps in digestion.
- Prevents pre-mature greying of hair.



Ingredients:

Bottle Gourd, cumin powder, coriander powder, red chili powder, flour, turmeric powder, salt.

Procedure:

- Wash the Bottle Gourd with clean water (also remove the seeds) and grate it.
- Mix flour, grated bottle gourd, a pinch of salt, red chilly powder, coriander powder and cumin powder. Combine it well and make a dough.
- Make small dough balls and roll them.
- Roast the parathas on a heated pan.
- Serve the parathas with curd or ketchup or pickle.

Chocolate Gajar Halwa *Truffle With Pistachios*

Ingredients:

- For Gajar Halwa:
- Half kg Carrots
- Khoya/Dried Evaporated Milk (100-150gms)
- 1 tbsp Clarified Butter (ghee)
- Water
- Jaggery/Honey (100-200gms)
- Chopped Nuts (Almond, Cashews, Raisins, Pistachios etc)



For Pistachios Halwa/Filling:

- Grounded pistachios
- Khoya/Dried Evaporated Milk (75-100gms)
- Ghee(half tbsp)
- Honey (for sweetness and to binding)

For Outer Choco layer:

- Melt White chocolate and Dark chocolate

For Toppings:

- Chopped Nuts

हिंदी

साहित्य

कृष्णा

कविताएँ

“जिंदगी इंद्रधनुष सी है”

जिंदगी इंद्रधनुष सी है,
रंगों से बनी, रंगों से घुली है,
भिन्न-भिन्न रंगों में बनी है दुनिया ।

क्रोध, दुःख, खुशी, अहंकार,
सभी भावनाओं को प्रस्तुत करते हैं रंग,
रंग-बिरंगी रंगोली दर्शाती है, जीवन जीने के सारे ढंग ।

अनंत काल से रंग का महत्व जाना जाता है,
कोई अच्छा नहीं, कोई बुरा नहीं,
सबका अपना-अपना अर्थ होता है ।

गोर-काले का फर्क करने वाला मूर्ख है,
वह अनजान है,
इस बात से कि,
यह प्रकृति का उपहार है।

HEER PANDYA
SYJC (2021 - 2022)

“जीवन में रंगो का प्रभाव”

“रंग हमारे जीवन में बहुत महत्वपूर्ण भूमिका रखते हैं। कुछ रंग हमें उत्तेजित करते हैं, कुछ हमें क्रोधित करते हैं और कुछ रंग हमें शांत करते हैं। शरीर और मन को स्वस्थ रखने के लिए रंगों का सही संतुलन बनाए रखना बहुत आवश्यक है। शरीर में रंग विशेष की कमी या अधिकता के कारण शारीरिक और मानसिक समस्याएँ पनपती हैं।”

**JASMINI PATEL
SYJC (2021 - 2022)**

“मंजिल”

काँटो से भरी होगी राह हमारी,
सँभल-सँभलकर चलना होगा ।

यदि मंजिल को पाना है तो,
हर राह से गुजरना होगा ॥

चुभ गए हो काँटे अगर तो,
तुम डरकर रुकना नहीं।
चलते जाना मंजिल की ओर ,
उस राह से मुड़ना नहीं ॥

सभी भूल को माफ कर ,
रिश्तों को जोड़े रखना है हमें ।
राह के काँटो को साफ कर,
मंजिल की ओर आगे बढ़ना है हमें ॥

हार जीत तो खेल का नियम है दोस्तों,
फिर हार को पाकर क्यों पछताते हैं हम ।
राह में आनेवाली रुकावट को नसीब समझकर,
मंजिल को क्यों भूल जाते हैं हम ॥

सबकी अपनी अलग मंजिल, अलग राह होते हैं,
राह हैं तो, काँटे तो होंगे ही ।
मेहनत करके जो राह को पार कर जाते हैं,
वो ही अपनी मंजिल को पाते हैं ॥

क्या कहें इस जीवन को,
कौन-कौन से मोड़ पर लाती है ।
पाने के खातिर मंजिल को,
कैसे-कैसे राह दिखाती है ॥

KESHARDEVI VAISHYA
SYJC (2021 - 2022)

“बंधन”

बंधन क्या है ?
प्रेम की सभागार है,
क्रोध पर प्रहार है,
मानव का अधिकार है,
मित्रता का आधार है,
आदर का सदाचार है,
सात जन्मों का सार है,
या दोस्त की पुकार है

बहन कहती राखी का बंधन, मेरा अभिमान है,
पुत्र कहता ममता का बंधन, मेरा सम्मान है,
पत्नी कहती विवाह का बंधन, मेरे लिए ब्रह्माण्ड है,
भक्त कहता श्रद्धा का बंधन, मेरे जीवन
का आधार है,

पोदार कॉलेज है मेरी जननी,
सुनाती मुझे भावुक कहानी,
जिसमें हो अनुशासन एवं शैतानी,
मेरे बचपन की महारानी।

मित्रता का बंधन अनमोल है,
जीवन का मधुर बोल है,
समानता का गोल है,
जिसका न कोई तोल है।

अटूट बंधन कभी न टूटे,
गहरा बंधन कभी न सूखे,
यादगार रहेगी बचपन की यात्रा,
पोदार कॉलेज मेरी दूसरी माता ।

KANISHK GALA
SYJC (2020 – 2021)

“दैट्स द वे, माहीवे”

लगता है जैसे कल की ही बात थी,
जब टीम की कमान माही के हाथ थी।

कप्तान बहुत देखे थे पर,
सबमें कम था एक फैक्टर,
इसलिए सारे कप ले गया,
खड़गपुर का टिकट कलेक्टर।

२ रन आऊट के बीच में माही,
नामुमकिन को मुमकिन बना गया,
हार के मुँह से निकलकर कर,
हर मैच जिताकर चला गया।

शांत रहकर बल्ले को अपनी,
आवाज बनाकर चला गया,
कीपिंग की कला को नयी,
परिभाषा देकर चला गया।

ज़मीन से कैसे हेलीकॉप्टर उड़ाता था,
कैसे आई.पी. एल. की ट्रॉफी उठाता था,
कैसे DRS धोनी रीव्यू सिस्टम बन जाता था,
और कैसे खेल प्रतिपल उसके मुताबिक चलता था
।

दो फाइनल हारे थे फिर इसने कुछ अनोखा किया,
दादा को शर्ट लहराने का मौका दिया,
दादा ने अपनी कमान में सँवारे थे खिलाड़ी,
माही ने उनको सफलता तक पहुँचा दिया।

जब बल्ले को लगाकर गेंद स्टैंड तक चल गई,
माही को देख हर निंदक को खल गई,
लेकिन देखो उसके जाने से कैसे,
विरोधी की पीड़ा झटसे टल गई ॥

HEMANG PRAVIN TOSHNIWAL
SYJC (2021 - 2022)

“आशा की एक किरण”

बालक का बंजर मस्तिष्क,
विपुल ज्ञान प्राप्ति की कामना करता,
“आपकी सीमाएँ अतुलनीय हैं,”
हमेशा निराशा का सामना करता ।

धूल मिट्टी जम गई,
बची न एक बीज के अंकुरित होने की आशा,
एक उदार मानव ने सहर्ष स्वीकारा,
उसकी सफलता के लिए की उपासना ।

उस जमीन को सँभाला,
अप्रिय विचारो को पावन किया,
ज्ञान के बीज बोए,
सख्ती के मिट्टी से ढँक दिया ।

उसे नैतिक मूल्यों से सींचा,
जीवन के उद्देश्य से अवगत करावाया,
धूप की गर्मी की अनुभूति करवाई,
लक्ष्य की ओर निर्देशित किया ।

“आशा की एक किरण”

पौधा अब फला-फूला,
“बिछड़ने से पहले,
आपकी असीम कृपाओं का उधार कैसे चुकाऊँ ?”
उसने विनम्रतापूर्वक पूछा ।

“एक वादा, जो तुमने पाया उसे दूसरों में बाँट देना,
स्वार्थ से उछलकर मौत का निमंत्रण न लेना,
कभी तूफानी हवाओं से झुक जाओ,
फिर उठकर खड़े होने का साहस रखना ।”

उदार मानव के प्रयास उपजाऊ रहे,
ईमानदारी का प्रदर्शन नहीं किया,
प्रत्यक्ष वह मौजूद नहीं रहा,
पर रेत के एक-एक दाने पर अपने ज्ञान के
पदचिन्ह छोड़ गया ।

KHUSHI PANCHAL
SYJC (2021 - 2022)

“प्रकृति के रंग”

प्रकृति है अद्भुत रंगों का संगम
दृश्य जो दिखलाए अविरल अनुपम ॥

जीवन में जो रस घोल दे
ऐसा है ये प्रकृति के रंगों का मेल ॥

यूँ तो छटा है जिसकी सप्तरंगी
वो है इंद्रधनुष,

मन के घाव हो या हो तन के घाव
दर्शाए वो फिर चाहे हो स्त्री या हो पुरुष ॥

नीला गगन है अनंत, सागर सा घना
ज्ञान जो दर्शाए ऐसे विश्वास का प्रवाह ॥

वर्षा की बूँद जो गिरे, लाल मिट्टी से मिले
प्रेम भाव की सुगंध रचे, आनंद से भरे क्षण खिले ॥

वन की है पहचान वो रंग, प्रकृति से जोड़े सबके मन,
हरियाली और खुशहाली का प्रतीक, वो रचे संतुलन ॥

डुबते सूर्य का राहीं बना वो, उगते सूर्य का साथी
शौर्य वीरता का प्रतीक केसरिया, ऐसी उसकी ख्याति ॥

धरती का आभूषण कहें, ऐसी मिट्टी का रंग भूरा
ममता का भाव जोड़े स्थिरिता रचे, पेड़ों की जड़ सा
सहारा ॥

घनी काली रात है, नकारात्मकता का रहस्य लाई
आशा का चंद्र श्वेत, सितारों की लाली, सत्य शांति की
अद्भुत बुनाई ॥

सूर्य का तेज, आशा की किरण सा न्यारा
उमंग उल्लास भरे जो, ऐसा पितांबर स्वयं प्रभु श्री कृष्ण
को प्यारा ॥

प्रकृति है अद्भुत रंगों का संगम,
दृश्य जो दिखलाए अविरल अनुपम ॥
जीवन में जो रस घोल दे, ऐसा मनोरम ये प्रकृति के रंगों
का मेल ॥

PRATIK SANJAY BHOSEKAR
SYJC (2021 - 2022)

कही दूर चले...

अंगड़ाई लिए कब तक बैठे?
सुस्ती छोड़, कब झूम उठे?
आओ, दुःख में जकड़े मन को बदले
चलो, उठकर कही दूर चले...

बर्फीले पहाड़ों में, लहराते खेतों में
घने वनों में, अनंत सागर में
सुकून में, एकांत में
बस यूँही टहलने चले,
चलो, उठकर कही दूर चले...

खाबों के पिटारे में,
कुछ अनकही मुरादे हैं
खुलकर उन्हें अब जी भी ले, चलो चले

खिलखिलाते फूलों में,
गुनगुनाती राहों से,
वादियों पहाड़ों में, चले चलो

खुला आसमाँ है फैला,
धरती सजी जैसे अलबेला
ये लताएँ, नभचर, शिखरों का काफ़िला
मन करे,
बस यूँही चलता रहे, अनूठे नज़ारों का सिलसिला

भवरों की गुनगुन, कोमल सी कलियाँ
टिमटिमाते तारे और बहती हुई नदियाँ
ना रहना है कभी इस मिट्टी से जुदा
यही तो है मेरे यादों की गालियाँ।

इस असीम अम्बर के तले,
मृग जैसा मैं दौड़ना चाहूँ

कभी पंछी बनू सारंग बनू
आवारा बनकर भटकता रहू
एक पेड़ की शीतल छाव लिए,
दुनिया के शबाब को ताकता रहू।

कुछ रुसवाईयाँ थी मेरी ज़िंदगी से
कुछ मुश्किलें, अधूरी हसरते
आज जब उन्हें मुड़कर देखू,
तो लगे, कितनी बच्चों सी थी वो हरकते।

चल पड़ा मैं राह पर अकेला,
ज़िन्दगी की तलाश में, चाहे निशा हो सवेरा
ठोकरे खाई, लड़खड़ाया, फिर उठकर खुदको झेला,
सपनों को जीने की तमन्ना में,
सीख गया दुनिया का ये अद्भुत खेला।

सृष्टि का यह अजूबा देख,
मन से एक ही पुकार आती
की वह दिल, दिल ही कैसा
जिसे ये दुनिया नहीं भाँति..

वह दिल, दिल ही कैसा
जिसे ये दुनिया नहीं भाँति...

AMEYA KARULKAR
SYJC (2021 - 2022)

“एक झालक जिंदगी की”

कल एक झालक जिंदगी को देखा,
वो राहों पर मेरी गुनगुना रही थी,
फिर ढूँढ़ा उसे इधर- उधर,
वो आँख मिचौली कर मुस्कुरा रही थी।

एक अरसे के बाद आया मुझे करार,
वो सहला के मुझे सुला रही थी,
हम दोनों क्यों खफा हैं एक-दूसरे से,
मैं उसे और वो मुझे समझा रही थी।

मैंने पूछ लिया - क्यों इतना दर्द दिया कमबख्त तूने,
वो हँसी और बोली- मैं जिंदगी हूँ पगले,

VAIBHAV GUPTA
SYJC (2021 - 2022)

“प्रकृति से ही सब कुछ”

कितना सुंदर अपना संसार,
ऋतुओं की है यहाँ बहार,
मिलजुलकर सब रहते हैं,
प्रकृति इसे हम कहते हैं।

सब जगह हरियाली छायी,
सूरज का वरदान है,
हम रहते हैं प्रकृति में और,
यही हमारी शान है।

प्रकृति से हमें मिलता है सब कुछ,
चाहे अन्न, हवा या जल हो,
हमें बचाती, हमें खिलाती,
प्रकृति में ही सब अर्पण हो ।

इस प्रकृति का करे गुणगान,
मिलकर इसे बचाते हैं,
प्रकृति से ही अस्तित्व हमारा,
यह सबको बतलाते हैं।

VAIBHAV GUPTA
SYJC (2021 - 2022)

संदेश

पाना है फूल अगर, काँटों से स्नेह करो।
है चाँद की तमन्ना तो, तारों से स्नेह करो।
चाहते हो जिंदगी में खुशियों की बहारें जो,
गम को लगाओ गले, गम से स्नेह करो ॥

सुबह बनाने के लिए, हर शाम को ढलना पड़ा है,
बनने को मोती, अमूल्य बर्फ को भी पिघलना पड़ा है।
हाथ पर हाथ रखकर बैठे मत रहो,
पानी है अगर मंजिल, तो निरंतर चलते रहो ॥

आँधी गुलशनों को वीरान बना देती है,
मौत जिंदगी को शमशान बना देती है।
लेकिन सब कहुँ तो, जिंदगी में कभी कभी,
एक ठोकर भी इन्सान को महान बना देती है ॥

प्रकृति

हरे-हरे खेतों में,
बरस रही हैं बूँदे,
खुशी - खुशी से आया सावन,
भर गया मेरा आँगन ।

ऐसा लग रहा है जैसे,
मन की कलियाँ खिल गई जैसे,
ऐसा कि आया बसंत,
लेके फूलों का जश्न ।

धूप से तपते मेरे तन को,
बूँदों ने दी ऐसी अँगड़ाई,
कूद पड़ा मेरा तन-मन,
लगता है प्यारा धरती का दामन ।

यह संसार है कितना सुंदर,
लेकिन लोग नहीं उतने अकलमंद,
यही है एक निवेदन,
न करो प्रकृति का शोषण ।

ARYA GALA
SYJC (2021 - 2022)

मनुष्य

लीक पर चलना यहाँ,
हर मनुज नियति मान बैठा।
भले-बुरे की ना खबर,
इसे जीवन की रीति मान बैठा।
चलना तो आरंभ किया,
जहाँ वह थक गया, बस
उसे ही मंजिल मान बैठा।
उलझाया खुद को इस कदर कि,
भूल गया औरों को, और
खुद को सम्राट मान बैठा।
रँगा इस कदर रंग में, कि

खुद को भूल गया, और
रंग को नसीब मान बैठा।
जन्म लिया, कुछ खेल लिया,
यौवन भी ना पाया अभी, कि
अर्थ से आक्रान्त हो बैठा।

मालूम है उसको कि वह मौत की कतार में खड़ा,
मगर साधता हुआ मतलब,
खुद को औरों की मौत मान बैठा।
लीक पर चलना यहाँ,
हर मनुज नियति मान बैठा।

ARYA GALA
SYJC (2021 - 2022)

सफलता की सीढ़ियाँ

है जो लाँघना चाहता,
सफलता की सीढ़ियाँ,
स्वावलंबन ही अपनाता,
सच, ईमान बस और क्या?

नीचा-ऊँचा कुछ न देखता,
बस वह आगे कदम बढ़ाता,
लक्ष्य पर वह नजर साधता,
यही तो है उसकी महानता।

ना वह तेरा-मेरा करता,
सबको अपनाकर है चलता,
सबल-दुर्बल दोनों को देखता,
यही तो है उसकी महानता।

लोगों में वह प्यार फैलाता,
दुःख बँटाता, आनंद दिलाता,
अंधेरी रात को सवेरा बनाता,
यही तो है उसकी महानता।

सत्य के पथ पर है वह चलता,
लालच-झूठ को दूर वह रखता,
मात-पिता को सर्वस्व मानता,
यही तो है उसकी महानता।

निश्चय कर कर्म आरंभ करता,
कभी न झुकता अड़िग है रहता,
हर काम सहदयता से करता,
यही तो है उसकी महानता।

ARYA GALA
SYJC (2021 - 2022)

प्रकृति की कहानी

बात बड़ी है पुरानी,
थी प्रकृति की भी कहानी,
आज आपको भी है सुनानी,
एक जमाने में प्रकृति भी थी रानी ।

इस धरती पर उसका राज था,
मानव पर उसका बड़ा विश्वास था,
परंतु अपने फायदे के लिए मानव,
बन बैठा इस धरती का दानव ।

जंगलों का कर सफाया,
उसने घर है बनाया,
इतना करके भी ना माना,
पशु-पक्षियों को भी मारा ।

अपने फायदे के लिए,
प्रदूषण को भी दिया बढ़ावा,
अपनी इस करनी पर,
अब होता है पछतावा ।

अपनी इस गलती को सुधारने के लिए,
अभी भी वक्त है, ऐ मानव ।

सुन लो मेरी ये पुकार,
रोक दो ये हाहाकार,
नहीं तो छा जाएगा इस धरती पर अंधकार ॥

ARYA GALA
SYJC (2021 - 2022)

लेखन

“समय का महत्व”

हम जानते हैं कि समय हमारे लिए कितना महत्वपूर्ण है फिर भी हम उसका दुर्घटनायोग करते हैं। दिन की शुरुवात चालू होने से लेकर, खत्म होने तक समय कब निकल जाता है, पता ही नहीं चलता। हम कहते हैं कि हमारे पास बहुत समय है फिर उसका अंजाम हमें बाद में पता चलता है।

समय हमारे जीवन में एक अहम भूमिका निभाता है। हमें समय के साथ चलना चाहिए, ना समय के आगे और ना समय के पीछे। पुराने ज़माने में तो लोगों के पास घड़ी भी नहीं हुआ करती थी। वे तो सूरज को ही देखकर समय का अनुमान लगाते थे। समय किसीके लिए नहीं रुकता वह तो निरंतर चलता रहता है। उसका कोई मुकाबला नहीं कर सकता। समय सबसे बलवान होता है।

जो व्यक्ति समय को नहीं समझ सकता, वह अपने जीवन में कभी सफल नहीं हो सकता। हमारे पास एक दिन में २४ घंटे होते हैं। उसमें से हम ७-८ घंटे विश्राम करते हैं तो हमरे पास १६-१७ घंटे बचते हैं।

फिर भी हम मनुष्य अपना कार्य समय पर नहीं करते और कहते हैं कि हमें काम करने के लिए समय नहीं मिला।

मनुष्य अपना समय सोने में या तो आज मोबाइल फोन पर व्यर्थ गँवा रहा है।

हमें अपना कार्य सुचारू रूप से संपन्न करने के लिए टाईम-टेबल बना लेना चाहिए और उसपर अमल करना चाहिए। जो व्यक्ति अपना काम अनुशासन के साथ करता है, वह जीवन में हमेशा सफल होता है। इसलिए जब भी हम स्कूल जाते हैं तो हमें हर विषय का एक टाइम-टेबल दिया जाता है और उसी पर हम अध्ययन कार्य करते हैं।

समय के अनुसार हमें अपने स्वास्थ्य पर ध्यान देना चाहिए जिससे हमारा शरीर निरोगी और स्वस्थ रहे। लोग कहते हैं कि संसार का सबसे कीमती धन है समय है इसलिए हम मनुष्यों को और विद्यार्थियों को समय के महत्वा को समझना चाहिए और उसी के अनुसार कार्य करना चाहिए।

**RAHUL AGARWAL
SYJC (2020 - 2021)**

“प्रकृति का सौंदर्य”

प्रकृति परमात्मा की अनुपम देन है। प्रकृति का हर समय बदलता रूप उल्लासमय और हृदय को आकर्षित करने वाला होता है। प्रकृति सर्वस्व लुटाकर भी हँसती रहती है और खुशियाँ फैलाती है। सूर्योदय से पूर्व एवं सूर्योदय तथा सूर्यास्त का समय बहुत ही मनमोहक दृश्य होता है, जिसे देखकर कोई भी मंत्रमुग्ध हो जाता है। प्रकृति सदा से मनुष्य के साथ है और अपने गुणों एवं सौंदर्य से मानव को तृप्त करती रहती है। मनुष्य भी उसके आकर्षण रूप के प्रति खिंचा चला गया है, परन्तु जैसे-जैसे मनुष्य के हाथों में विज्ञान की शक्ति आने लगी, उसने प्रकृति को नुकसान पहुँचाना शुरू कर दिया। ऋतुओं का परिवर्तन भी प्रकृति की विभिन्न दृश्यों में से एक है। नदी के तट का शांत और शीतल वातावरण मन में अपूर्व आनन्द उत्पन्न करता है।

**प्राकृतिक सौंदर्य की लीला कितनी अद्भुत है कि मनुष्य
इसे देख तो पाता है, किंतु कभी स्पर्श नहीं कर सकता ।**

**प्रकृति पर्यावरण में संतुलन बनाए रखती है । मनुष्य
विकास के मार्ग पर बढ़ता हुआ, प्रकृति को नुकसान न
पहुँचाए । प्रत्येक व्यक्ति को प्राकृतिक सौंदर्य के प्रति अपने
कर्तव्य को समझना चाहिए तथा इसकी रक्षा का भरपूर
प्रयास करना चाहिए ।**

**VAIBHAV GUPTA
SYJC (2021 - 2022)**

“प्रकृति का स्पर्श”

अद्भुत कलाकार हो तुम प्रकृति,
भला कैसे तुम ये कर पाती हो....
नन्ही-सी तितली के पंखों पर इतने सुंदर
रंग सजाती हो...

अगर पृथ्वी ग्रह का कोई आकर्षण है तो वो है सिर्फ प्रकृति । प्रकृति को प्राकृतिक पृथ्वी और उस पर मौजूद चीजों, या किसी व्यक्ति या वस्तु के रूप में परिभाषित किया गया है। पेड़, जंगल, पक्षी और जानवर सभी प्रकृति के उदाहरण हैं। प्रकृति हमारे जीवन का सबसे महत्वपूर्ण और अभिन्न अंग हैं। इमर्सन का कहना है कि, "प्रकृति सुंदर है क्योंकि यह जीवित है, चलती है, प्रजनन करती है।" प्रकृति हमारी अनमोल संपत्ति है। प्रकृति का हर रूप जैसे पौधे, जानवर, नदियाँ, पहाड़, चाँद, सूरज और बहुत कुछ हमारे लिए समान महत्व रखते हैं। एक तत्व की अनुपस्थिति मानव जीवन में तबाही मचाने के लिए काफी है।

वर्तमान समय में मानव की स्वार्थी गतिविधियों के कारण उसको काफी गहरा नुकसान हो रहा है। प्रौद्योगिकीकरण को बढ़ावा देने के लिए जंगलों की अंधाधुंध कटाई हो रही है। जंगलों के कटने से प्राकृतिक संसाधनों की कमी हो रही है। हमें इसे रोकना होगा ताकि भयावह भविष्य से हम सब सुरक्षित रहें।

प्रकृति की तरफ से हमें अनगिनत लाभ मिलते हैं। प्रकृति खुद एक उपचारात्मक स्पर्श है। प्रकृति हमारे मन के मानसिक तनाव को कम करती है और मन को शांति और आनंद का अनुभव देती है। प्रकृति की हरियाली में वह शक्ति है, जो हमारे शरीर को रोगों से दूर रखती है। प्रकृति हमारे लिए एक सुरक्षा कवच के सामान है। हर फूल प्रकृति में खिली आत्मा है।"

प्रकृति हमें सहनशीलता, निरंतरता, निस्वार्थ भावना जैसे गुण सिखाती है। धरती पर भावी पीढ़ी के अस्तित्व के लिए हमें पर्यावरण का संतुलन बनाये रखना होगा। ईश्वर ने हमें प्रकृति का उपहार देकर हमें अपना सच्चा प्यार दिया है। प्रकृति हमारी सबसे बड़ी और सच्ची मित्र है।

" प्रकृति से सीखिए, जीने का सलीका...
धूप, बरसात में खिले रहने का तरीका..."

VAIBHAV GUPTA
SYJC (2021 - 2022)

"जीवन के सुंदर रंग"

जिंदगी की हर सुबह कुछ शर्तें लेकर आती हैं,
और, जिंदगी की हर शाम कुछ नए अनुभव
देकर जाती है..."

जीवन सुंदर है, लेकिन हमेशा आसान नहीं होता है, इसमें
समस्याएँ भी होती हैं, और चुनौती को साहस के साथ उनका
सामना करने में निहित है, जीवन की सुंदरता को एक बाम
"की तरह कार्य करने देता है, जो आशा प्रदान करके, समय
की कोशिश के दौरान दर्द को सहने योग्य बनाता है।
इसलिए जीवन विभिन्न रंगों के अहसासों से भरी हुई है।
खुशी, दुख, जीत, हार, दिन-रात जीवन रूपी सिक्के के दो
पहलू हैं। इसी प्रकार जीवन दुख, पराजय, असफलता और
समस्याओं से भरे, आनंद, सफलता और आराम के क्षणों से
भरा है। पृथ्वी पर कोई भी ऐसा इंसान नहीं है, जो ताकतवर,
शक्तिशाली, बुद्धिमान या अमीर हैं और उसने संघर्ष, पीड़ा
या असफलता आदि का सामना नहीं किया हो।

इसमें कोई संदेह नहीं है, जीवन सुंदर है और हर पल जिंदा रहने का उत्सव है, लेकिन व्यक्ति को प्रतिकूलता और चुनौतियों का सामना करने के लिए हमेशा तैयार रहना चाहिए। एक व्यक्ति जिसने जीवन में कठिनाइयों का सामना नहीं किया है वह कभी भी सफलता प्राप्त नहीं कर सकता। जीवन के ये विशेष रंग अर्थात् कठिनाइयाँ मनुष्य के साहस, धैर्य, दृढ़ता और सच्चे चरित्र की परिक्षा लेती हैं। प्रतिकूलता और कठिनाइयाँ व्यक्ति को मजबूत बनाती हैं और जीवन की चुनौतियों का सामना करने के लिए तैयार करवाती हैं। इसमें कोई संदेह नहीं है कि "दर्द के बिना कोई लाभ नहीं हो सकता है।"

जीवन गुलाब की तरह सुंदर है, लेकिन इसमें चुनौतियाँ हैं जो काँटों की तरह हैं और सभी का सामना करना पड़ता है। वे, जो इनको स्वीकार करते हैं, चुनौती देते हैं और सफल होते हैं, वे हैं जो जीवन को सही मायने में जीना जानते हैं। अंत में यही कहना चाहती हूँ

"बेरुह होकर जीने की कला मैं जानती नहीं,
कुछ मुझे मालूम नहीं,
और कुछ मैं मानती नहीं।
जी रहे हैं कि बस जीना है,
ये तो कोई तरीका न हुआ,
बिना जिंदादिली के जीये,
ये तो कोई सलीका न हुआ।

लगता था,
जिंदगी को बदलने में वक्त लगेगा,
पर क्या पता था,
बदला हुआ वक्त जिंदगी बदल देगा।

हर तकलीफ से इन्सान का दिल दुखता बहुत है,
पर हर तकलीफ से इन्सान सीखता भी बहुत है।"

VAIBHAV GUPTA
SYJC (2021 - 2022)

पृथ्वी परिवर्तन के परिणाम

मानव आज 'दिन दुनी, रात चौगुनी' प्रगति कर रहा है। मानव की इस प्रगति ने मानों धरा का रूप ही बदल दिया है। पर्यावरण पर पड़ा हुआ यह दुष्परिणाम प्रत्यक्ष व अप्रत्यक्ष रूप से हमारे जीवन को प्रभावित कर रहा है। सबसे भयावह दुष्परिणाम है पृथ्वी के तापमान में बदलाव। कुछ लोगों का मानना है कि यह दुष्परिणाम दुर्लक्षित किया जा सकता है। पर यह एक चिंता का विषय है इसका परिणाम यह होगा – कि गर्मियों में पृथ्वी का तापमान कुछ अंश तक बढ़ जाएगा और सर्दियों में कुछ अंश तक घट जाएगा। पर क्यों हुआ यह बदलाव?

पर्यावरण में परिवर्तन का एक बड़ा कारण है, "भूमंडलीय उष्मीकरण" यानि (Global Warming) औद्योगिकीकरण के वजह से हमारे वातावरण में कार्बनडाईऑक्साईड व मिथेन नामक वायु का प्रमाण बढ़ गया है। जिसकी वजह से समुद्र के पानी का स्तर बढ़ रहा है।

वायु में प्रदूषण की मात्रा बढ़ जाने से मानव अनेक रोगों का शिकार बन रहा है।

बदलाव को नियंत्रित करने के उपाय ?

भूमंडलीय उष्मीकरण को नियंत्रित करने के कुछ उपाय
निम्नलिखित हैं -

पेड़ लगाएँ, पेड़ बचाएँ।

पानी के अपव्यय को टालें।

कचरे का सही निपटारा करें।

इस्तेमाल न होने पर बिजली के उपकरण बंद रखें।

अधिक पैदल चलें या साइकिल का उपयोग करें।

अंत में मैं यही कहूँगा –

तब तक जीव है, जगत में,
जब तक जग में पानी,
जब तक वायु शुद्ध रहती है,
सोंधी मिट्टी रानी,
तब तक मानव का जीवन है,
यह सबको समझाओ, पर्यावरण बचाओ ।

**ARYA GALA
SYJC (2021 - 2022)**

पाककृति

मेथी के लड्डू



सामग्री

50 ग्राम मेथी के दाने

1 कप दूध

50 ग्राम बादाम

50 ग्राम गोंद

200 ग्राम गुड़

100 ग्राम गेहूँ का आटा

50 ग्राम नारियल का बुरादा

50 ग्राम खरबूजे की गिरी

50 ग्राम अंजीर

100 ग्राम घी देसी

1 छोटा चम्मच काली मिर्च पाउडर

तरीका

- . मेथी के दानों को साफ करें और मिक्सी में बारीक पीस लें ।
- . दूध को गुनगुना करें और मेथी को भिगो कर रख दें एक से दो घंटे के लिए ।
- . एक घंटे बाद धी गर्म करें और एक -एक करके बादाम, खरबूजे की गिरी, गोंद को धी में तले और अलग से रख दें । सभी बादाम, गिरी, गोंद, और अंजीर को दरदरा पीसे ।
- . 2 चम्मच धी में भिगोइ हुई मेथी डालकर अच्छे से भूनें 20 मिनट तक या धी छोड़ने तक ।
- . बचे हुए धी में आटा डालें और कम गैस पर 10 मिनट तक भूनें, अब उसमें नारियल का बुरादा डालकर अच्छे से सुनहरा होने तक भूने ।
- . अब एक कढ़ाई में 2 चम्मच धी गर्म करें और उसमें गुड़ को तोड़कर कर डालें और पिघलाएँ । गैस बंद करें और सारी सामग्री डालकर अच्छे से मिक्स करें उसमें काली मिर्च पाउडर डालें ।
- . 10 मिनट तक हल्का ठंडा करें और छोटे छोटे लड्डू बनाएँ ।

हस्य लेख

चार तरह के लोग

एक बड़ी मजेदार कहावत है, जरा ध्यान से सुनिएगा।

१. जो जानता नहीं, और जानता नहीं कि वो जानता नहीं -
वो मूर्ख है, उसे दूर भगाओ।

२. जो जानता नहीं, पर जानता है कि वो जानता नहीं वह
सीधा है, उसे सिखाओ।

३. जो जानता है, पर जानता नहीं कि वो जानता है वह सोया
है, उसे उठाओ।

४. और जो जानता है, पर जानता है कि वो जानता है - वह
ज्ञानी है, उसे अपना गुरु बनाओ ॥

ARYA GALA
SYJC (2021 - 2022)



मराठी

साहित्य

कला

कविता



रंग संगती

असे रंग जरी दोन अक्षरी,
आहे त्याची किमया न्यारी
न जाणे तो जात-पात,
सर्वांना सामावून घेत त्यात
आयुष्यात येतील रंग वेगळे,
कधी सुखाचे, कधी दुःखाचे
रंगात सान्या रंगुनी,
जगण्याचा अर्थ घ्या जाणूनी...

बालपणाचा रंग हा निळा,
घेऊन येई उत्साह वेगळा
तरुणपणाचा रंग हा लाल,
तारुण्याने करी कमाल
वृद्धपणाचा रंग हा हिरवा,
अनुभवाने शिकलेला असावा
सकारात्मकतेचे भरुनी रंग मनात
जगू जीवन आनंदात !.....

Anuja Sharad Pawar
SYJC (2021 - 2022)

झाडे

हिरवी हिरवीगार झाडे,
लावू चार चार. -
झाडे आहेत आपले मित्र,
ते देतात आपल्याला छत्र
फळे, फुले मिळतात आपल्याला खूप
झाडे कापून करु नका त्यांना कुरुप.
हवेतील प्रदूषण झाडे करतात दूर,
देतात आपल्याला सुदृढ जीवन भरपूर
आयुर्वेदांचा साठा जो आहे अखंडित,
झाडे छाटून तो करु नका खंडित
पृथ्वीवरील निसर्ग आहे सुंदर,
हिरवी हिरवीगार झाडे, वने आहेत दुरदूरवर
देतात आनंद, जीवन जगण्याचा,
झाडे लावून पूर्ण करा धर्म मानवतेचा.
हिरवी हिरवीगार झाडे,
लावू चार चार

Arya Mitesh Gala

SYJC (2021 - 2022)

आयुष्य

लालभडक रक्ताकडून

थोडी क्रांतिकारकांची धडाडी घ्यावी,

त्याग करणाऱ्या नारंगीकडून

थोडी कठोरपणाची क्षमता घ्यावी,

पिवळसर सुर्यकिरणांकडून

थोडी जगण्याची उमेद घ्यावी,

हिरव्यागार निसर्गाकडून

थोडी आयुष्य जगण्याची मजा घ्यावी,

निळ्याभोर आकाशाकडून

थोडी मनाची शांतता घ्यावी,

अंतर्ज्ञानाच्या पारव्याकडून

थोडी शहाणपणाची बुध्दी घ्यावी,

संवेदनशील जांभळ्याकडून

थोडी उत्साही वृत्ती घ्यावी,

सप्तरंगी इंद्रधनुष्याकडून

थोडी आयुष्य फुलवण्याची संधी घ्यावी

Janvi Vijay Pawar

SYJC (2021 - 2022)

जीवन असतं

जीवन असतं फुलासारखे

फुलविता आलं पाहिजे।

जीवन असतं झुल्यासारखे

झुलविता आलं पाहिजे।

जीवन असतं मेघासारखं

भरून राहता आलं पाहिजे।

जीवन असतं पावसासारखं

कोसळता आलं पाहिजे।

जीवन असतं कापरासारखं

सतत जळता आलं पाहिजे।

जीवन असतं नदीसारखं

सतत वाहता आलं पाहिजे।

जीवन असतं चंदनासारखं

स्वतः झिजता आलं पाहिजे।

परंतु या जीवनाचा जो आधार आहे,

ते मन संयमात आणलं पाहिजे.

Arya Gala

SYJC (2021 - 2022)

काय झाले या जगाला..?

विज्ञानात झाली प्रगती

भावनांची अधोगती

प्रेम, वात्सल्य मावळले

सरली आदरयुक्त भिती

आपल्यांसाठी झुरणे नाही

स्वार्थासाठीच सर्व काही

शब्दातील आपुलकी विरली

बोलक्या देहाला भावना नाही

अबोल पैसा बोलू लागला

बोलता येईना या मनाला

संवेदना त्या विरु लागल्या

काय झाले या जगाला

काय झाले या जगाला...?

Vedika Vishnu Patangare Patil

SYJC (2021 - 2022)

खट्याळ रंग

रंगांबद्दल काय सांगावे, रंगांबद्दल काय बोलावे,
ते ओळखण्यासाठी रंगांत रंगलेल्या निसर्गाकडे पहावे.

रंगांनी जग रंगले आहे, रंगांनी जग सजले आहे,
रंगांनी जग खुलले आहे, रंगांनी जग नटले आहे.

रंगांमुळेच माणसाचे आयुष्यही सावरले आहे,
त्यांच्यामुळेच त्याच्या भावनांना पंख फुटले आहेत.

रंगांच्या भावनांची गाठी पूर्वीपासून जुळल्या आहेत,
प्रत्येक रंग मनातील भावनांचे प्रतीक झाले आहेत.

लाल रंग प्रेमाचा ,तर पांढरा शांततेचा,
निळा रंग सौंदर्याचा, तर काळा अंधःकाराचा.

याप्रकारे रंगांची वेगळीच भाषा झाली आहे,
त्यांची लिपी जाणून घेणे खूप मोठी कसोटी आहे.

रंगांमध्ये काहीही व्यक्त करणे खूप सोपे आहे,
त्यासाठी काही नाही फक्त रंगांमध्ये जगणे गरजेचे आहे.

लोक कायम म्हणतात कित्येक गोष्टी बेरंगी आहेत,
पण नीट पाहिले तर प्रत्येक रंगात कित्येक रंग दडले आहेत.

रंगांमध्ये रंग नटून हे सुंदर जग तयार झाले आहे,
नुसते कधी तरी खिडकीतून पहा रंगांचे कित्येक प्रकार आहेत.

काहींनी रंगांवर काबू मिळवून ते कागदांवर उतरवले,
तर काहींनी त्यावर वाचक बसवून ते शब्दांत मांडले.

पण खरं तर या रंगांवर वचक बसवणे कठीण आहे,
ते जगात स्वच्छंदी वावरणारे जणू खगच आहेत.

मी तुम्हाला रंगांची ओळख करून दिली आता पुढचे तुम्ही पहा,
तुम्हाला रंग कसे दिसतात ते स्वतःच्या आत एकदा झाकून पहा.

Anvita Anirudha Mulay

SYJC (2021 - 2022)

निसर्गाची चोरी

पूर्वी मी खिडकी उघडली,
की सूर्य दिसायचा केशरी,
आणखी वर चढून मग,
किरणे पसरवी सोनेरी,

आता डोकावल्यावर खिडकीतून,
सूर्य असतोच डोंगरावर
निस्तेजता आणि स्तब्धता मात्र
पसरलेली असते चेहऱ्यावर

आधी पहाट झाली की,
आवाज यायचा पक्ष्यांचा,
मन कसं प्रसन्न व्हायचं
कल्लोळ ऐकून आवाजांचा,

आता मात्र पक्षी, बोलतच नाहीत
हरवलेत की काय ? शोधा तरी कुणी ।
असे वाटते भोंग्यांच्या आवाजात,
हरवली त्यांची गाणी.

दारातूनच दिसायचा माझ्या,
एक हिरवागार डोंगर,
दिसलाच नाही किती दिवस
दिसते फक्त पोख

नेले कोणी चोरुन
डोंगर, हवा, पाणी ?
आपणच चोरुन न्यावीत जणू
स्वतःचीच गाणी, स्वतःचीच वाणी

Arya Mitesh Gala
SYJC (2021 - 2022)

एक पिंपल

एक चेहेऱ्यावरची पिंपल
बनते सर्वाचं आकर्षण!
परीक्षे पेक्षा जास्त
असते तिचे टेन्शन!

आरशाकाडे बघताच
सर्वात पहिले दिसते!
सकाळी उठल्या उठल्या
तिचेच दर्शन घडते!

येते ती चेहेऱ्यावर
आणि असते त्यात ३ डी!
एक असून भागत नाही
म्हणून येते घेऊन जोडी!

एवढी मोठी जाड ती
की चेहेरा होतो खराब !
एवढीशी ती पिंपल बनते सगळ्यात मोठी बाब!

इंग्नोर केले तिला
तर निघून जाते ती भरभर!
पण लक्ष दिले तिच्याकडे
तर येते घेऊन डजनभर!

अशा या एका पिंपल चं
घेतोय एवढं आपण टेन्शन!
येईल ती तिची जाईल ही तिची कशाला घेताय अँकशन!

Gayatri Anil Deo
SYJC (2021 - 2022)

जीवनदान

विनवितो मी तुझा कृपादान
जीवनदान दे ईश्वरा

अनंत सागर उधळलेला
भास्कर डीजे पश्चिमेला
रंग देण्याच्या हो यात चित्राला
आतूर झाली माझी कुंचला
जीवनदान दे ईश्वर

मनोहर कोकीळ बघतच रहावे.
ग्राम घरकुली वाहन वाढावे .
निसर्ग वैभव नयानी भरावे .
या प्रकृतीचा रंग हिरवा .
जीवनदान .

तारुण्य आतले पुष्प पुष्प फुलावे.
नेत्र मोहिनी मी सोडूनी जावे.

जोडावे त्यानंतर मग प्रेम सोडा जीवनदान

अनुवाद वधी स्नेह करावे
प्रत्येकाचे मन ही मिळावे
हाती धरून नात्याचे
पाहू दे मजगी बसुंधरा जीवनदान .

स्वर्ग होणे ही सुंदर पृथ्वी .
दिव्य तुङ्गी रे आत्मा आकृती.
चैतन्याची काय कलाकृती .
अंतरंगी माझ्या आरसा.

जीवनदान

स्तोत्र पाठ नित्य करावे
पहाट कळी नाम समजावे सकाळ काठी स्वरूप+ पहावे,
उदंड आयुष्य देवो हीच प्रार्थना जीवनदान देणे ईश्वर.

Shaurya Karalkar
SYJC (2021 - 2022)

मंदिरा

रस्त्यावरील चालताना पाऊल पडेल थकलेले,
डोळे त्याचे पेंगुळलेले स्कंद आत्याचे वाकलेले.
पाहिला माणूस कोणी जो वाटते थोडा बावरा नंतर मी जाळीले हा
तर आहे बेवडा.

हाती असे मंदिरेच्या प्याला,
अंगी भरे उन्माद सारा
जीवनाचे दुःख शोक विसरूनी
दारूचे लागले डोहाळे त्याला.

राम वाईन विस्की, वोडका कितीही चे प्रकार .
प्रत्येक नाटलीला असे अंगण -. वेगळा आकार नेहमीची कर करा
गाणाऱ्या गळ्यातून होते पिण्याच्या झांकार अचानक कसा लागतो
कोकिळाचे स्वर गंधार?

किती सहन करावे ? याच सूर नकोसा वाटतो.
इतके सुरेल गाणे ऐकून आमच्या प्राण गुदमरतो .
गप्पा तरी माराव्या कसंय ऐकावे लागते याचे थोर पणे मी आणि माझे
करण्या इतक्या चे याचे शहाणपण.

सोमरस च्या संगीत मला पाहिजे वाटीभर चाक व्हावे.
मुलींना बेवडा ही चालेल. पण असावा जर देखना बायका असे सांगतात 'आमच्या
यांना चढत नाही '

सूर्य उगवल्यावर लिंबाच्या उपयोग केल्याविना उतरत नाही.

पुरुषाचे तर सोडायचं ,आता स्त्रिया पण पितात नवज्यासोबत मुलांसमोर चार-चार
गोट देतात.

थोडेफार यामध्ये मुलांना ही चाखण्यास देतात हळूहळू ही लहान ची लेकर पुढे वारस
नेतात .

दारू आणि दारुङ्याचे जन्मो जन्मीचे नाते असतात.

शानभवी याची प्रिय सीज जणू मनामध्ये कायम बसते नसानसातून याच्यातील
भरभरून वाहते . आत्मचिंतन ओठावरती सतत तिचेच नाम येते.

सुख-दुःखात प्रा सती हे हलाहल अमृत समजुनी.

श्रीमंत धन उघडते हिलाच सर्वोच्च मानुनी .

पण लक्षात ठेवा नेहमी घातकच असते.

शिरू नही देहाचा अंतरी मृत्यूला आमंत्रण देते.

सुहासी मद लावल्याशिवाय याचा दिवस सरत नाही.

कितीही समजावा माणसांना कधीच काही कळत नाही.

अशीच असते या बेवड्यांची जीवन यात्रा घरातल्या कपाटात भरते
देसी विदेशी बाटल्यांची यात्रा.

खरं सांगतो तुम्हाला इतका पीत जाऊ नका.

प्यायल्याने आनंद होतो असा श्रमात राहू नका .

एकदा ती बाटली त्यागून जगाकडे पहा तरी.

मग आज तुम्हाला कळेल जगण्याची मजा खरी-खुरी.

Shaurya Karalkar

SYJC (2021 - 2022)



ଲେଖନ

निसर्गातील रंग वैविध्य

निसर्ग आपल्याला काही ना काही देतच असतो. त्याने आपल्याला ही धरती माता देऊ केली आहे. तसेच ही विविधरंगी दुनिया पाहण्यासाठी तशी दृष्टी देखील दिली आहे. परोपकार हा निसर्गाचा धर्म आहे. त्या उपकारांच्या ओङ्याखाली माणूस १वास घेत आहे. जगाचा जादूगार म्हणून निसर्गाचे नाव घेता येईल. या पृथ्वीच्या चोहोबाजूस त्याने आपली जादूगारी केलेली आहे. विविध रंगी प्रयोग करणं हा निसर्गाचा छंदच आहे. त्याच्या लेकरांनी म्हणजेच झाडे, वेली, पाने, फुले, फळे, नद्या, समुद्र, आकाश सर्वांनी आपल्या धरतीमातेला पुनरुज्जीवित केले आहे. निसर्गाने या सर्व घटकांना त्याचे असे स्वताःचे रंग प्राप्त करून दिले आहे. या सर्व रंगांमुळे पृथ्वी अधिकच खुलून दिसते. नैसर्गिक घटकांना जे रंग लाभले आहेत, त्यात खूप वैविध्य आणि विशिष्टता आढळते. जसे की, फुलपाखरांचे रंगीबेरंगी पंख, पहाटे वकातरवेळी आकाशाचा तांबूस - केशरी रंग, तळपत्या सूर्यचा भगवा रंग, रात्रीच्या आकशात चमकणारा चंद्र, मातीचं अंथरुण घेऊन त्यावर हिरवी चादर ल्यालेल्या पर्वतरांगा, बीज जिथून अंकुर घेते अशी आपली काळी माती, गळून पडलेली पिवळी पाने व त्याच ज जोमाने पुन्हा नव्याने उगवलेल्या पानांचे पोपटी रंग आणि सप्तरंगी कमान घेऊन डोलणाराआपला लाडका इंद्रधनु. अबब ! किती ही निसर्गाची किमया.

एवढं सगळं शिकण्यासारखं असतानाही मानवाला हया एकीचा विनाश करायचा आहे. माणूस स्वतःच्या ऐशोआरामासाठी कॉक्रीटचं जंगल बांधुन स्वतःचा १वास विकायला काढत आहे.

शहरी भागात तर आधीपासूनच कॉक्रीटचं जंगल होतं पण आता मानावी वृत्ती इतकी निष्ठुर व निर्दयी झालेली आहे की ग्रामीण भागात जिथे आपण मोकळ्या हवेसाठी तिथल्या वातावरणात जातो तिथेही टोलेजंग इमारती बांधून पर्यावरणाचा न्हास सुरु आहे. आता या कोविडच्या काळात जसं माणूस माणसाला जोडतो हे कळलं असेल तसंच लोकांना निसर्गाचं महत्व देखील कळले असेल. इस्पितळात प्राणवायूचा साठा कमी पडत चाललेला आहे. याचे कारण एकच की निसर्गाचा व त्याने केलेल्या या रंग रंगरंगोटीचा न्हास होतोय. एकदा या निसर्गाचा पूर्णपणे न्हास झाला की ही सृष्टी नीएवढं सगळं शिकण्यासारखं असतानाही मानवाला ह्या एकीचा विनाश करायचा आहे. माणूस स्वतःच्या ऐशोआरामासाठी कॉक्रीटचं जंगल बांधून स्वतःचा श्वास विकायला काढत आहे. शहरी भागात तर आधीपासूनच कॉक्रीटचं जंगल होतं पण आता मानावी वृत्ती इतकी निष्ठुर व निर्दयी झालेली आहे की ग्रामीण भागात जिथे आपण मोकळ्या हवेसाठी तिथल्या वातावरणात जातो तिथेही टोलेजंग इमारती बांधून पर्यावरणाचा न्हास सुरु आहे. आता या कोविडच्या काळात जसं माणूस माणसाला जोडतो हे कळलं असेल तसंच लोकांना निसर्गाचं महत्व देखील कळले असेल. इस्पितळात प्राणवायूचा साठा कमी पडत चाललेला आहे. याचे कारण एकच की निसर्गाचा व त्याने केलेल्या या रंग रंगरंगोटीचा न्हास होतोय. एकदा या निसर्गाचा पूर्णपणे न्हास झाला की ही सृष्टी नीरस व भीषण असे रूप धारण करेल.

मानव या न्हास कारण ठरू नये म्हणुन आपण सर्वांनी हे निसर्गातील रंगांचे वैविध्य जाणले पाहिजे. तसेच त्यांचे जतनही केले गेले पाहिजे. तरच पुढची पिढी या निसर्गातील रंगांचे वैविध्य नव्याने अनुभवू शकेल.

आयुष्य हे क्रेयोंच्या बॉक्स सारखा आहे

आयुष्य हा शब्द पाहायला गेले तर छोटासा आहे पण त्यावर चार शब्द लिहायला म्हटलं तर किती अवघड वाटते या पृथ्वीवर प्रत्येक सजीव ला जर कोणती मौल्यवान देणगी मिळाली तर ती म्हणजे आयुष्य एक भाल मोठ आयुष्य पण आयुष्याच्या म्हणजे नेमकं काय आपण श्वास घेतो म्हणजे आयुष्य जगतो तर नाही आयुष्य म्हणजे एक प्रवास असा प्रवास ज्यात माणूस अनेक चढउतार आतून पुढे जातो.

जसे क्रियांच्या बॉक्समध्ये अनेक रंग व त्याची वैधता असते तसेच प्रत्येक माणसाच्या आयुष्यात आठवणी व त्यामागे त्याचे अनुभव दडलेला असतात अशी भरपूर उदाहरणे आहेत की जर माणसांना आपण विचारायला की तुम्ही तुमच्या आयुष्य सगल्यात का उत्तर देण्याची दूरची गोष्ट मुळात त्या लोकांना प्रश्नांच्या अर्थ कळत नाही जसे वेगवेगळे रंग आहेत तसे आपण आपल्या आयुष्यात सुदृढा हवे ते रंग त्यातून मंसोकत आनंद लुटणे म्हणजे आयुष्य जगणे.

आयुष्य हे चित्रासारखे आहे मनासारखे रंग भरले की ते फुलासारखे खुलून दिसतात आयुष्य हे कसं जगावे हे आपण पाण्याकडून शिकावे वाट्यातील खड्डा काढून नाहीतर भरून पुढे निघालो आयुष्याच्या म्हणायला किती सोपं वाटतं पण ते जगण्याचे म्हटले की नाकी दम अर्थ पण त्याच्या आयुष्यावर प्रेम केले तर जगायला नवा रंग सुदृढा येतो.

जसे रंगाचे तीन प्राथमिक रंग असतात म्हणजे लाल ,पिवळा , आणि निळा तसेच जीवनात सुदृढा आपल्याला तीन संघर्ष करावे लागतात जगण्यासाठी संघर्ष ओळख निर्माण करण्यासाठी संघर्ष आणि तिच्या ओळख टिकवण्याचा संघर्ष.

सर्वजण म्हणतात आयुष्य फार अवघड शाळा आहे आपण कोणत्या वर्गात आहोत हे आपल्याला माहीत नसतं पुढेच परीक्षा कोणती द्यायची कल्पनासुदृधा नसते आणि सर्वात महत्वाची जी बाब म्हणजे कॉपी सुदृधा करता येत नाही कारण सर्वांची प्रश्नपत्रिका वेगळी असते म्हणूनच म्हणतात "आयुष्य हे विधात्याच्या वहीतील पान असतात.

रिकामा तर रिकामा लिहिलं तर छान असतं". आयुष्यात असं काही यश प्राप्त करावे चेक ओ करून आयुष्यातला क्रेन च्या बॉक्स मध्ये कोणताही रंग कमी नाही भासली पाहिजे म्हणूनच आयुष्यातील ज्या काही कमी असतील त्याची निंदा न करता जे भेटल्यास त्यातच समाधान राहून जगणे म्हणजे आयुष्य.

**Soham Santosh Palkar
SYJC (2021 - 2022)**

आयुष्य हे क्रेयॉच्या बॉक्स सारखा आहे

रंग। आपले जीवन कळतनकळत या रंगांच्या भोवतीच फिरत असते.

म्हणजे बघा हा ...ही सृष्टी कितीही हिरवीगार असली ,तरी त्यात फक्त हिरवाच रंग नाही. विविध प्रकारची फळे , बहुरंगी फुले , मातीचा रंग देखील वेगवेगळ्या प्रदेशा नुसार वेगवेगळा असतो , आकाशाचा रंग देखील हवामानातील बदलांनुसार बदलत जातो. किती हा वेगळेपण ? आणि किती ह्या रंगांच्या वेगवेगळ्या छटा ? रंगांनी सजलेली न्यारी दुनियच जणू | पण मग ह्या रंगांचा आपल्या जीवनाशी काय संबंध ? आपण फक्त ह्या दुनियेचा एक भाग आहोत म्हणून ..? तर याच उत्तर नाही असे येईल.

आपण चित्र काढण्यासाठी जे क्रेयॉनस् वापरतो त्याकडे पाहून कधी असा विचार केलात का ; की ह्या रंगांचा अर्थ काय ? हे कशाचे प्रतीक आहे ? फार क्वचितच असा विचार येतो . आपण फक्त योग्य तो रंग वापरून चित्र पूर्ण करण्याचा प्रयत्न करतो . पण ह्या सगळ्या व्यतिरिक्त त्यांची एक ओळख आहे , म्हणजे 'सफेद ' रंग शुद्ध , पवित्रता व शांततेच प्रतीक आहे ,तर ' लाल ' रंग क्रोध , ऊर्जा दर्शवतो , ' निळा ' अर्थांगतेचा प्रतीक आणि ' पिवळा ' रंग नव्या दिशेचा अन् आशेचा , वैभवाचा आणि मांगल्याचा . असे हे निरनिराळे रंग .!

प्रत्येक रंगाच अस्तित्व असणं गरजेच आहे तसंच आपलं हे आयुष्य जे क्रेयॉनच्या बॉक्स सारखे आहे त्यात प्रत्येक रस सामावलेले आहेत . आपल्या आयुष्यात कायम स्वरूपी फक्त आनंदच किंवा सुख नसते . अर्थात सुख आनंद मानण्यावर असतो पण जर आपल्या आयुष्यात कष्ट , चिंता , प्रेम , सुख थोडं दुःख सगळंच गोष्टी योग्य प्रमाणात असतील तर आपल्याला प्रत्येक गोष्टीचं महत्त्व कळत आणि म्हणूनच आपले आयुष्य क्रेयॉन सारखं आहे ज्यात प्रत्येक रंगांच्या छटा आहेत आणि त्या गरजेच्याच आहेत .

क्रेयॉनचा बॉक्स जितका विविध रंगांनी भरलेला तितकेच त्याला मूळ्य .
रंगानंशिवाय हया बॉक्स ला काहीच अर्थ नाही . तसचं जर आयुष्य असेल
ते जगायला तरी कोणाला आवडेल तरी काय ?

हया जीवन रूपी चित्रात वेगवेगळे रंग आपला योग्य तो सहभाग दाखवून
आपलं जीवन पूर्ण करतात . म्हणूनच जसा एक बॉक्स सगळ्या क्रेयॉन
एकत्र ठेवतो ; तसच आपण आपल्या आयुष्यातले प्रत्येक क्षण एकेका
क्रेयॉन सारख जपून ठेवूया . आयुष्य रंगांनी सजवूया ॥

Soundarya Dongare
SYJC (2021 - 2022)

शब्द सुखवणारे शब्द दुःखवणारे

शब्द कधी फुले,

शब्द कधी शर

त्यांच्याविना न उमटे,

कोणताही सूर ॥

किती सामर्थ्यवान असतात हे शब्द नेमक्या अर्थासाठी किती बेचैन करतात हे शब्द... घटकाभर मनोरंजन करण्याबरोबर तुमचे हे शब्द काही वेळा रडवतात सुदृढा शब्दामध्ये एवढे सामर्थ्य असते, की ते माणसाला जोडतात तसेच तोडतात सुदृढा ! शब्द हे असे आहेत की, आपण त्यांचा काढू तसा अर्थ निघतो. आपली मराठी भाषाच तशी आहे की वळवली तशी वळते.

शब्द हे जसे सुखदायक, मनाला सुखावणारे, बेचैन करणारे असतात तसेच शब्द व्यक्तीव्यक्तीमध्ये कटुता निर्माण करतात. मनाला शल्य देणारे, दुखावणारे, मनाची चलबिचल करून सोडणारेसुदृढा असतात.

साध्या एका शब्दाने जीवलग मित्रांमध्ये मैत्रिणीमध्ये कटुता निर्माण होते. असे असतात हे शब्द! केव्हा केव्हा तर हेच शब्द मित्र-मैत्रिणीमध्यला अबोला, गैरसमज दूर करतात, तर कधी-कधी त्या शब्दांमुळे जवळचे दुरावतात. म्हणूनच मला शब्द हे सोन्याहून मौल्यवान वाटतात. म्हणून शब्द हे वापरताना प्रथम पूर्ण विचार करूनच वापरवेत.

Arya Gala

SYJC (2021 - 2022)

निसर्ग माझा मित्र

निसर्ग म्हटले तर काय आठवते ? हिरवागार परिसर, खळखळ वाहणाऱ्या नद्या, उड्या मारत जाणारे धबधबे, डोंगर, माती, दगड, झाडे आणि खूप काही. मला तर या सगळ्या गोष्टी पहायला खूप मजा येते म्हणून तर मी माझी प्रत्येक सुट्टी निसर्गाच्या सान्निध्यात घालवते.

मला निसर्गातील प्रत्येक गोष्ट आवडते. वेगवेगळ्या आकारांची, रंगाची, सुवासांची फुले, वेगवेगळी झाडे, प्राण्यांचे आवाज सर्वच मनाला आल्हाददायक वाटतं. निसर्ग आपल्याला खूप काही देतो. निसर्गातील प्रत्येक घटकाला देणे माहित आहे पण घेणे नाही. निसर्गातील प्रत्येक घटक मानवाचे जीवन सुखकर व्हावे म्हणन मदत करतो. असा हा निसर्ग आपला मित्र आहे. मग आपण त्याचे मित्र का बनू नये ? संस्कृत मधे म्हणतात ना,

परोपकाराय फलन्ति वृक्षाः, परोपकाराय वहन्ति नद्यः । परोपकाराय दुहन्ति गावः, परोपकरार्थमिदं शरीरंम् ॥ खरच आपण अजून निसर्गाचे मित्र का बनलो नाही, याचा विचार प्रत्येकाने केला पाहिजे. आज आपण निसर्गाच्या जवळ जाण्याऐवजी दूर जात आहोत. जर निसर्ग आपल्याला एवढं देतो तर मग आपण त्याला काही द्यायला नको का ? आपण निसर्गाची काळजी घ्यायला नको का ? याचा विचार प्रत्येकाने करायला हवा. आपण आपल्या स्वार्थासाठी झाडं तोडतो ज्यामुळे आज पावसाचं प्रमाण कमी होत आहे. बरं, झाडं तोडल्यावर पुन्हा एवादं नवीन रोपं लावायची देखील तसदी घेत नाहीत. जेव्हा फिरायला जातो त्यावेळी प्लास्टिक च्या बाटल्या, पिशव्या इकडे-तिकडे फेकतो.

या प्लास्टिकचे जमिनीत विघटन होत नाही. कचरा नदीत, तलावात फेकतो पण हाच कचरा पाण्याला प्रदूषित करतो. आपण हा विचार करत नाही की या कचऱ्याचे काय होत असेल ? हवेचे प्रदूषण देखील वाढत चालले आहे, पण प्रदूषण कमी होण्यास मदत करणाऱ्या झाडांचे प्रमाण मात्र कमी झाले आहे. 'जे पेराल ते उगवेल' या उक्तीप्रमाणे आज या प्रदूषणाचा त्रास मानवालाच होत आहे. कारण याला कारणीभूत देखील मनुष्यच आहे. प्रदूषण कमी केले पाहिजे, झाडे लावली पाहिजेत, प्लास्टिकचा वापर कमी केला पाहिजे अशा गोष्टी आज फक्त कागदावर राहिल्या आहेत. प्रत्यक्ष जीवनात त्या कोणीच आचरणात आणत नाहीत.

अजूनही वेळ गेलेली नाही. निसर्गाचे अस्तित्व टिकवणे हे आपल्याच हातात आहे. आपल्याला जर निसर्गाचा खरा मित्र बनायचे असेल तर आपण आज प्रतिज्ञा घेऊ या की आपण आपल्या परिसरात महिन्यातून एक तरी रोप लावणारच. प्लास्टिकचा वापर टाळू या. कचरा नदी, तलावात न टाकता योग्य त्या ठिकाणी टाळू या. मग प्रदूषणाला देखील आळा बसेल व निसर्गाचे सौंदर्य देखील अबाधित राहील.

मराठीत लिहीलेलं समजत नाही इंगिलिश मधे लिहू
प्रोमिस देणार की नाही ! काय ?

'प्रत्येकाने लक्षात ठेवावे हे सूत्र,
निसर्गाचे होऊ आपण चांगले मित्र'.

Arya Gala
SYJC (2021 - 2022)

पाककृती

डिंकाचे लाडू



डिंक हा पदार्थ सर्वांच्या परिचयाचा आहे. झाडांचा विषेशतः जी संस्कृत मध्ये क्षीरीवृक्ष म्हणून झाडे आहेत, त्याचा आतील चीक बाहेर वाहातो व वाळून झाडाला चिकटून राहातो. तो डिंक खन्या स्वरूपात बाभळ, वड, पिंपळ, खेर अशा झाडातून डिंक भरपूर येतो. त्याचे पिवळे खडे असतात. हा डिंक थंड पाण्यात टाकला की विरघळतो व विरघळल्यानंतर ते सबंध डिंकाचे पाणी होते. डिंक हे एक मोठे घरगुती औषध आहे आणि शरीर स्वस्थ ठेवण्यास मदत करते. त्यामुळे डिंकाचे लाडू हे आरोग्या साठी उत्तम आणि डिंक खाण्यासाठी चांगले माध्यम.

डिंकाचे लाडू बनवण्यासाठी साठी लागणारे साहित्य-

1. चकचकीत स्वच्छ असा बारिक डिंक अर्धा किलो
2. खारीक पाव किलो
3. आळीव पाव किलो
4. खसखस पाव किलो
5. सुकं खोबरं एक किलो
6. गूळ आणि साजूक तूप
7. स्वेच्छित मात्रात सुका मेवा
8. वेलची पूड जायफळ पूड

कृती:

- डिंक तुपात फुलवून घ्यावा. खसखस, ख्रिस, सुकं खोबरं भाजुन घ्यावे
- आळीव थोड्या तुपात भाजुन घ्यावं
- नंतर तळलेला डिंक खलबत्यात थोडासा कुटून घ्यावा.
- खमंगपणा येण्या साठी खसखस आणि खारीक मिक्सरवर वाटुन वाटून घ्यावी. (पीठ करू नये)
- हे सर्व मिश्रण एकत्र करून घ्यावे
- त्यात सुका मेवा, वेलची व जायफळ पुड घालावी आणि मिश्रण तयार करावे

लाडू करण्यासाठी पद्धत :

लाडू करताना जेवढे मिश्रण असेल त्याच्या पेक्षा निम्मा गुळ घेऊन पाक तयार करावा. थोडा थंड होऊ द्या म्हणजे त्याचे लाडू करता यावे. त्यात तयार सारण घालावे. त्यानंतर भराभर लाडू वळून घ्यावेत.

डिंकाचे लाडू खाण्याचे फायदे :

1. डिंकाचे लाडू हाडे ठिसूळ होऊ देत नाही व त्यांना मजबूत करतात. कोमट दुधासोबत लाडू खाल्याने हाडे आणि स्नायूंवर चांगला प्रभाव पडतो.
2. डिंकाचे लाडू आरोग्यासाठी खूप फायदेशीर असतातअसतात आणि शरिरातील रोगप्रतिकारक शक्ति वाढते. रोगप्रतिकारक शक्ति वाढल्याने सहसा आपण आजारी होत नाही.
3. शरिरातील अशक्त पणा दूर होतो व कार्यक्षमता वाढते.
4. डिंकाचे लाडू बद्धकोष्ठता असलेल्या रुग्णांसाठी फायदेशीर ठरते.
5. यांच्या सेवनाने थकवा नाहीसा होतो

Pratik Bhosekar

SYJC (2021 - 2022)



French

Literary

Art



Poems

La vie

La vie est une glace,
Savoure-l' avant qu'elle ne fonde
Dans la vie, le succès ou l'échec
N'est pas aussi important que
de faire de ton mieux
La vie est une caméra,
qui Nous fais sourire
Le monde est là scène,
La vie est un drame,
Nous sommes les acteurs,
Et dieu est un réalisateur

Mrudula Milind Hirbhagat
SYJC (2021 – 2022)

Les Belles Choses



Les fleurs sont belles,
Mais ils ne restent pas toujours.

La lune, c'est brillant,
Mais il n'a pas sa lumière.

Faux amour, il est tentant...
Ne peut pas mais satisfaire le cœur.

On dit,
Tout ce qui brille n'est pas d'or.

Vrai, parce que,
Un jour,
Toutes les belles choses
Se fanent...

Seulement ce qui est réel,
Reste!

Neha Harshad Chawda
SYJC (2021 – 2022)



Write Ups

Sauvons notre environnement

Nous vivons sur la planète Terre et nous obtenons tout pour notre vie de la Terre mère. Puisque tous nos besoins sont comblés par l'environnement, nous devons prendre soin de notre environnement.

Nous pouvons sauver notre environnement en sauvegardant les arbres, la végétation naturelle, les ressources naturelles, l'eau, l'électricité. Nous pouvons prendre des mesures pour contrôler la pollution de l'environnement et le réchauffement climatique. Nous devrions planter de nouveaux arbres. Nous devrions utiliser moins de papier. Nous devrions prendre des dispositions pour le recyclage des papiers usagés et autres produits naturels. Nous pouvons économiser de l'électricité en éteignant les lumières lorsqu'elles ne sont pas utilisées.



L'eau est le besoin fondamental de tout être humain. Nous devons donc utiliser l'eau avec prudence et veiller à ce qu'elle ne soit pas gaspillée. Nous devons arrêter de jeter des déchets dans les plans d'eau à ciel ouvert.

Nous devons sauver notre planète terre pour garantir que nos générations futures bénéficient d'un environnement en sécurité.

Arya Mitesh Gala
SYJC (2021 – 2022)

La Nature

La nature est une partie importante et intégrale de l'humanité. C'est l'une des plus grandes bénédictions pour la vie humaine ; cependant, de nos jours, les humains ne parviennent pas à le reconnaître. La nature a été une inspiration pour de nombreux poètes, écrivains, artistes et plus d'antan. Cette création remarquable les a inspirés à écrire des poèmes et des histoires à sa gloire. Ils ont vraiment apprécié la nature qui se reflète dans leurs œuvres encore aujourd'hui. Essentiellement, la nature est tout ce qui nous entoure, comme l'eau que nous buvons, l'air que nous respirons, le soleil dans lequel nous nous baignons, les oiseaux que nous entendons gazouiller, la lune que nous regardons et plus encore. Surtout, il est riche et vibrant et se compose à la fois d'êtres vivants et non vivants. Par conséquent, les gens de l'ère moderne devraient également apprendre quelque chose des gens d'antan et commencer à valoriser la nature avant qu'il ne soit trop tard.

Arya Mitesh Gala
SYJC (2021 – 2022)

La France

La France est un pays européen. Les habitants de la France s'appellent les Français. Paris est la capitale de la France.

Les français fêtent leur fête nationale le 14 Juillet. Ils chantent «la Marseillaise » l'hymne nationale de la France.

La couleur du drapeau français est bleu, blanc et rouge.

La France est un pays, très connu pour la mode, pour les fromages comme le Camembert, le Roquefort et le Brie. La France est aussi connue pour ses vins comme le bordeaux, le champagne et le bourgogne. Les vins, les parfums et les automobiles sont les produits d'exportations de la France. La cuisine française n'est pas épicee. On trouve la cuisine du monde entier en France.

C'est un pays qui est plein de monuments historiques comme la Tour Eiffel, l'Arc de Triomphe, la Notre Dame est la cathédrale, la plus célèbre en France. Il y a aussi beaucoup de musées en France comme le Louvre, le Centre George Pompidou, le musée de beaux-arts. Les Français sont très accueillants et modernes.

Au supermarché

Un supermarché est un grand magasin où on achète de tout sous un toit. C'est très pratique...

Il y a plusieurs rayons comme prêt-à-porter, sports et loisirs, Bains et douche, la parfumerie, etc. Il y a de la foule partout.

On essaye les vêtements dans le salon d'essayage à la section Prêt-à-Porter. On peut acheter du Savon, du shampooing, du dentifrice, etc. de « Bains et douche ». On aussi peut acheter des articles du sport au rayon de « Sports et loisirs.

Au supermarché on met les choses que on achète de chaque rayon dans un caddie. Au supermarché la caisse se trouve près de la sortie où on paie pour ses achats.

Certains supermarché célèbres en France sont Carrefour, Auchan, Inter Marché, Super U, Le Casino, etc. En Inde les Supermarché célèbres dont l'Hypercité, D-Mart, Big Bazar.

Arya Mitesh Gala
SYJC (2021 – 2022)

Smart moi

Avoir des connaissances pratiques est très important dans la vie. Il est toujours conseillé d'apprendre la théorie et d'en connaître l'aspect pratique.

De nos jours, les écoles adoptent la politique pour que les étudiants apprennent la théorie et réalisent des projets sur divers sujets scientifiques et orientés vers l'étude. Il arrive parfois que l'apprentissage de la théorie semble compliqué, mais lorsque des projets sont menés sur le même sujet, il devient alors très facile de comprendre les concepts. Un autre avantage de faire un projet est que les étudiants peuvent exprimer leurs points de vue et opinions, donc ce n'est pas apprendre par cœur mais pénètre le concept profondément dans leur esprit.

J'ai réalisé des projets scolaires directement à partir de la première année de l'école. Quand j'étais au première année, la part de ma mère dans la réalisation du projet était de 90%, mais avec chaque année qui passait, elle diminuait et cette année,



je suis fier de dire que la plupart des choses liées au projet comme le ramassage d'informations, la création de graphiques, la fabrication de modèles, etc., je l'ai fait moi-même. Cette année, ma mère portait le chapeau d'un conseiller expert et d'un spectateur fier. Après l'achèvement de mon projet cette année, non seulement mes professeurs et mes parents m'ont complimenté, mais même je sentais fier de moi-même... lentement et régulièrement, je deviens intelligent.

Arya Mitesh Gala
SYJC (2021 – 2022)

Inspiration de la nature

La nature, réservoir de toutes les idées et mère de toutes les ressources d'inspiration. Cela a inspiré des poètes, des peintres, des musiciens et même des scientifiques pendant des siècles. La beauté, la sagesse et l'ingéniosité qui ont inspiré ces personnes distinguées à créer des chefs-d'œuvre qui sont également à la disposition de chacun d'entre nous.

Au fil d'une rivière, dans le cycle d'un papillon et même dans une toute petite graine... tous ont le message d'inspiration. La naissance d'une plante est l'un de ces événements inspirants – la racine et laousse d'une graine de germination exercent une force considérable pour ouvrir la cour des graines et percer le sol dur pour commencer l'inspiration. La nature nous envoie le message que les racines du succès sont formées par le "travail acharné".



L'un des phénomènes les plus inspirants de la nature est la transformation d'une chenille en papillon.

Bien que la transformation d'un minuscule insecte qui rampait autrefois en une créature aux couleurs brillantes capable de voler, la nature déploie doucement le message.

"Les bonnes choses viennent à ceux qui attendent et nous inspire à préserver"

Arya Mitesh Gala
SYJC (2021 – 2022)

Le courageux

Qui est courageux ? Pour le monde d'aujourd'hui, c'est celui dont la poitrine est gonflée d'air, celui qui ne pleure jamais, celui qui est assez fort physiquement et capable de frapper un chien ! Eh bien, vous avez bien lu, le courage physique est si courant dans le monde que le courage moral est devenu rare. Pour moi, une personne même la plus faible, est considérée comme courageuse, si elle est capable d'aborder les situations avec sérénité.

Alors que tout le monde croit en lui, il croit en lui-même. La seule chose qui le rend courageux est sa croyance. La croyance en des opportunités qui frappent à la porte ne le laisse jamais abandonner. Il pense que révéler des larmes ne rend pas un lâche. Celui qui tient l'arme de la patience au lieu d'épées et d'énormes lances est en effet un courageux. Si bien dit que, "Il est facile de se tenir avec la foule, mais il faut du courage pour rester seul."

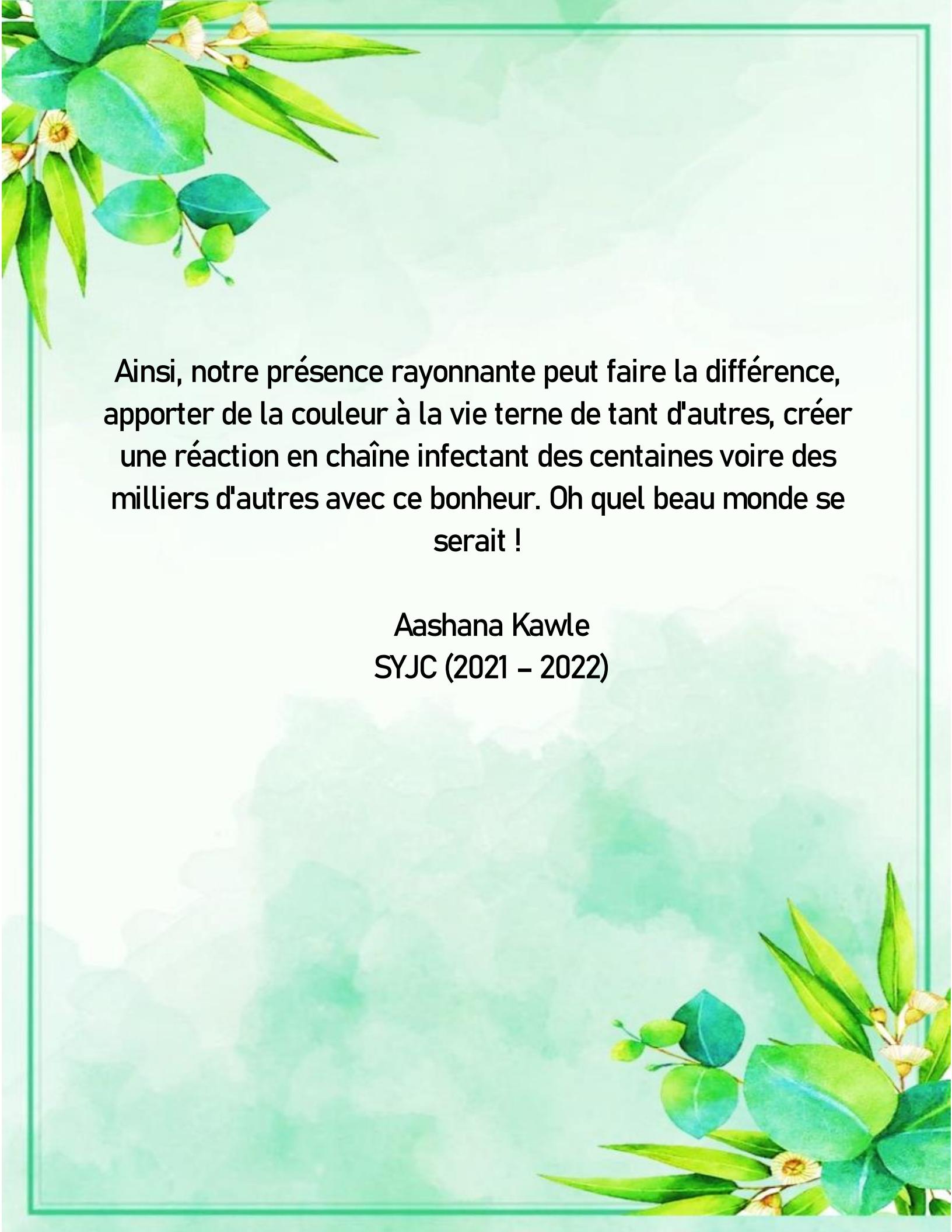


Il n'est pas celui qui a des mots durs et grossiers mais celui qui a des mots positifs et polis même dans la situation la plus défavorable. En effet, le courage n'est pas l'absence de peur mais la capacité d'aller au-delà de la peur. Avec courage, nous oserons prendre des risques, nous aurons la force d'être compatissant et la sagesse d'être humble. Le courage est le fondement de l'intégrité. Alors, inspirez courage + succès et expirez peur + échec

Arya Mitesh Gala
SYJC (2021 – 2022)

Être arc-en-ciel dans la vie de quelqu'un d'autre!

Souvent dans la vie, nous avons des nuages sombres qui planent autour. Ce n'est pas toujours un jardin de roses, souvent, nous sommes frappés par une énorme tempête nous laissant échevelés, découragés, avec une pléthore de doutes sur notre capacité à réparer les dégâts causés. Et puis après chaque tempête entre un bel arc-en-ciel, qui est un rayon d'espoir, une promesse d'en haut que tous nos problèmes sont passagers, que chaque nuage sombre a une doublure argentée. L'obscurité de la nuit sera éclipsée par la luminosité du soleil. Nous devons nous efforcer d'être cet arc-en-ciel dans la vie des autres. Un peu de gentillesse, un peu d'encouragement, juste un peu de nos efforts pour rendre leur journée plus radieuse leur remonterait le moral, les ferait peut-être momentanément oublier leurs luttes, leur donnant la force et la confiance nécessaires pour faire face à leurs défis. tout en les encourageant et en les inspirant à transmettre cette positivité aux autres, à être un arc-en-ciel dans la vie de quelqu'un d'autre, à leur faire sourire.



Ainsi, notre présence rayonnante peut faire la différence, apporter de la couleur à la vie terne de tant d'autres, créer une réaction en chaîne infectant des centaines voire des milliers d'autres avec ce bonheur. Oh quel beau monde se serait !

Aashana Kawle
SYJC (2021 – 2022)

La vie du passé ou la vie d'aujourd'hui

Il y a de nombreux avantages et inconvénients de la vie du passé et de la vie d'aujourd'hui. Ce débat sur la vie passée et la vie d'aujourd'hui est un sujet brûlant parce que l'opinion varie d'une personne à l'autre.

Selon certaines personnes, la vie d'avant était meilleure que la vie d'aujourd'hui. Il n'y avait pas de pollution et donc l'air était frais et propre et si nous comparons à la vie d'aujourd'hui, la pollution est la pire chose. Avant, il n'y avait pas de portable, donc le temps en famille était la priorité absolue et aujourd'hui tout le monde est occupé avec son portable et donc, ne donne pas de temps à sa famille. La vie d'avant était plus discipliné que la vie d'aujourd'hui.

Aussi, beaucoup de gens pensent que la vie d'aujourd'hui est la meilleure. Aujourd'hui, tout est possible grâce à la technologie. Pour moi la vie aujourd'hui est bien meilleure que la vie du passé.



Les gens disent "plus c'est vieux, plus on aime" mais je pense que quand il s'agit de comparer la vie d'avant et d'aujourd'hui, alors "plus c'est nouveau, plus on aime". Grâce à la technologie, nous pouvons parler à toute personne vivant dans n'importe quelle partie du monde. Nous sommes mis à jour avec les dernières nouvelles du monde. Surtout dans cette pandémie nous sommes connectés les uns aux autres grâce à la technologie.

Pour conclure je voudrais dire que la vie d'avant était peut-être bonne pour certaines personnes mais à mon avis, la vie d'aujourd'hui est la meilleure.

Bhumika Chakraborty
SYJC (2021 – 2022)



Prends ton temps

Prends ton temps pour travailler,
C'est le prix du succès.

Prends ton temps pour réfléchir,
C'est la source de la force.

Prends ton temps pour jouer,
C'est le secret de la jeunesse.

Prends ton temps pour lire,
C'est la base du savoir.

Prends ton temps pour être amical,
C'est la porte du bonheur.

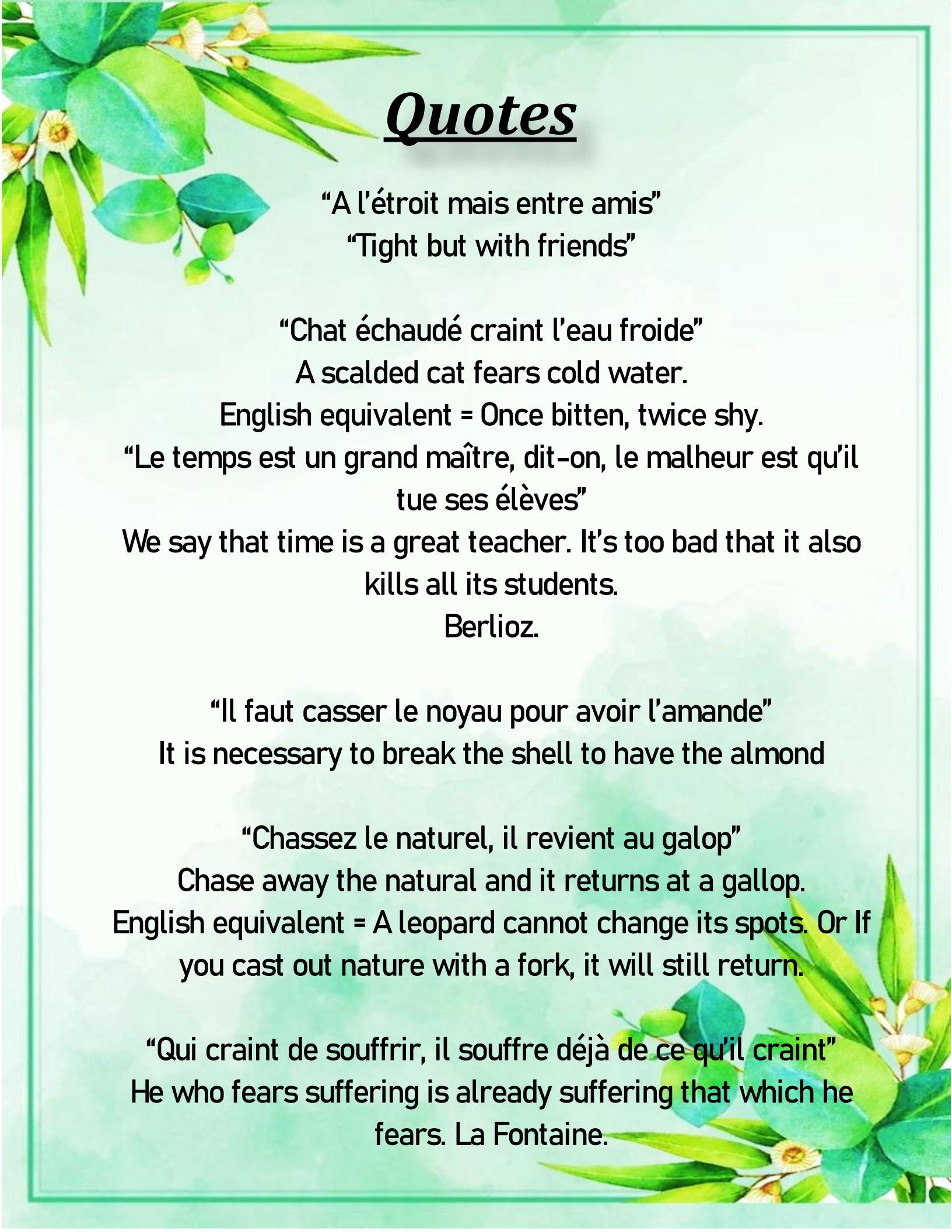
Prends ton temps pour rêver,
C'est le chemin qui mène aux étoiles.

Prends ton temps pour aimer,
C'est la joie de vivre.

Prends ton temps pour être content,
C'est la musique de l'âme !

Arya Mitesh Gala
SYJC (2021 – 2022)

Quotes



Quotes

“A l’étroit mais entre amis”

“Tight but with friends”

“Chat échaudé craint l’eau froide”

A scalded cat fears cold water.

English equivalent = Once bitten, twice shy.

“Le temps est un grand maître, dit-on, le malheur est qu’il tue ses élèves”

We say that time is a great teacher. It’s too bad that it also kills all its students.

Berlioz.

“Il faut casser le noyau pour avoir l’amande”

It is necessary to break the shell to have the almond

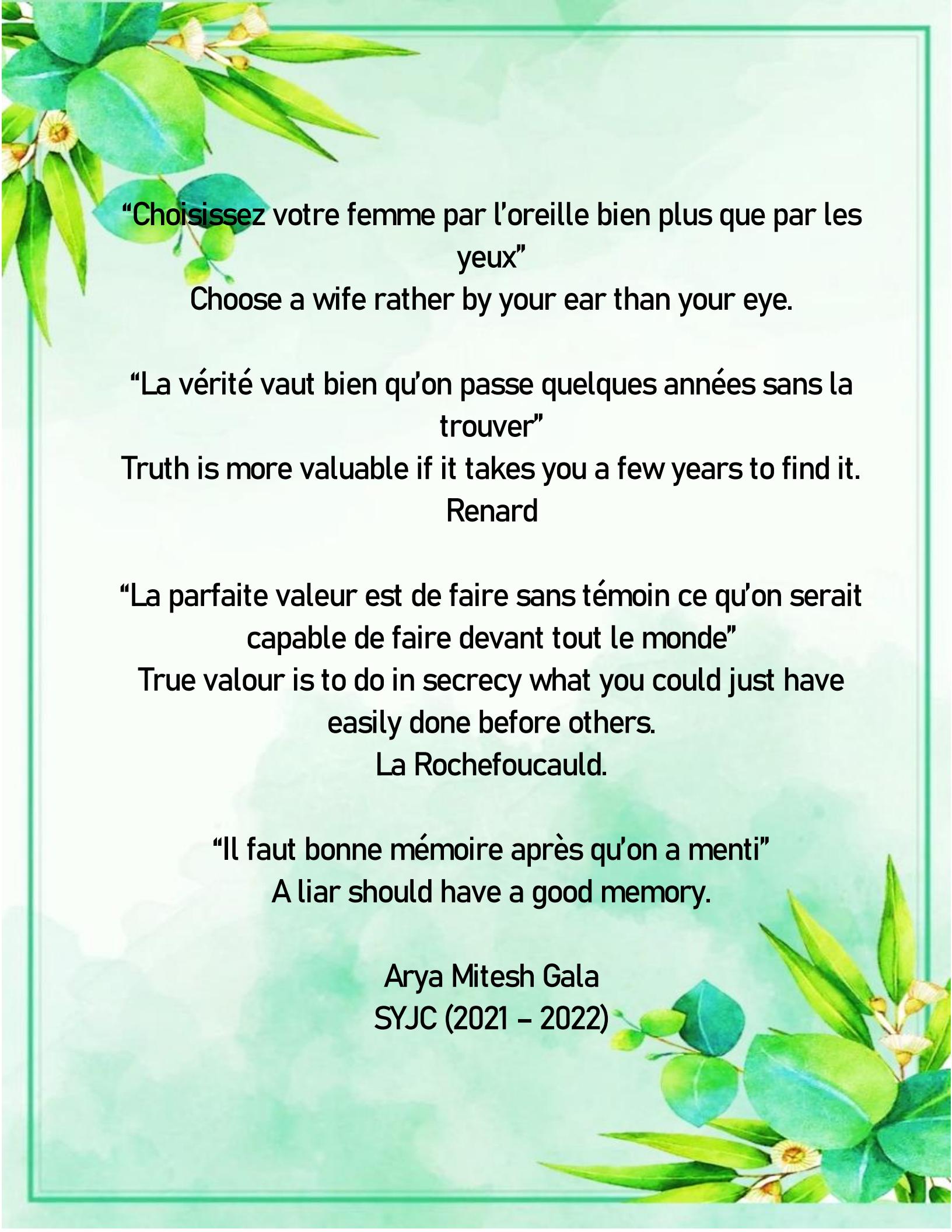
“Chassez le naturel, il revient au galop”

Chase away the natural and it returns at a gallop.

English equivalent = A leopard cannot change its spots. Or If you cast out nature with a fork, it will still return.

“Qui craint de souffrir, il souffre déjà de ce qu'il craint”

He who fears suffering is already suffering that which he fears. La Fontaine.



“Choisissez votre femme par l'oreille bien plus que par les yeux”

Choose a wife rather by your ear than your eye.

“La vérité vaut bien qu'on passe quelques années sans la trouver”

Truth is more valuable if it takes you a few years to find it.
Renard

“La parfaite valeur est de faire sans témoin ce qu'on serait capable de faire devant tout le monde”

True valour is to do in secrecy what you could just have easily done before others.

La Rochefoucauld.

“Il faut bonne mémoire après qu'on a menti”

A liar should have a good memory.

Arya Mitesh Gala
SYJC (2021 – 2022)



German

Literary



Art



Write Ups

The image features a circular floral wreath composed of various flowers and greenery. At the top, there are large, light purple roses and smaller, darker purple flowers. The wreath is framed by green eucalyptus branches with their characteristic blue-green leaves. Small clusters of dark blue berries are interspersed among the leaves. The background is a soft, out-of-focus pink and white, creating a gentle, romantic atmosphere.

Das Einfamilienhaus

Ich wohne in einem Einfamilienhaus. Es besteht aus drei Schlafzimmern, einem Wohnzimmer, einer Küche, einem Esszimmer, einem Computerzimmer, zwei Badezimmern, einem Gästezimmer und einem Dachboden. Draußen befindet sich einen mittelgroßen Garten auf der Rückseite des Hauses.

Es gibt auch an der Seite eine Garage und einen kleinen Vorgarten mit Rosen und zwei Kastanienbäumen. Das Haus ist außerdem von einem Holzzaun umgeben. Im Garten haben wir ein paar Gartenstühle zum Entspannen, eine Schaukel und eine Rutsche für meine kleine Schwester und einen Schuppen für die Gartengeräte. Unsere Küche hat einen großen Tisch, der in der Mitte unserer Küche steht, worauf wir die Mahlzeiten zubereiten oder Snacks essen. Die Küche hat große Fenster, so dass wir beim Kochen die Aussicht auf den Garten genießen können. Die Wohnzimmerwände sind voller Bücherregale und Bildern. Außerdem gibt es dort ein großes Sofa und einen Sessel neben dem Zeitungsständer. Mein Zimmer ist oben, und ich kann von meinem Fenster aus die Straße vor unserem Haus sehen. Mein Bett steht zwischen dem Fenster und dem Kleiderschrank.

Mein Schreibtisch ist ziemlich groß, und ich habe meinen eigenen Computer darauf stehen. Die Wände meines Zimmer sind voll von Fotos und Postern. Das Zimmer meiner Schwester ist gleich nebenan und das Gastzimmer ist aus der Straße Seite vom Flur. Das Schlafzimmer meiner Eltern ist am andere Ende des Flurs. Unser Dachboden ist nur ein Stauraum und ein bisschen staubig.

Arya Mitesh Gala
SYJC (2021 – 2022)

Essay über das Leben

Das Leben ist ein Wort, das mehrere Bedeutungen und Erfahrungen hat. Im Leben geht es vor allem nicht nur um die Existenz, sondern auch darum, wie ein Individuum diese Existenz definiert. Daher ist es wichtig, das Leben nicht nur aus einer einzigen Perspektive zu betrachten. Philosophen,

Gelehrte, Dichter und Autoren haben viel darüber geschrieben, was Leben ausmacht und was noch wichtiger ist, was die notwendigen Dinge sind, die das Leben eines Menschen definieren. Natürlich wurde diese Übung auf verschiedene Weise durchgeführt. Während Philosophen versuchten, den Sinn und Zweck des Lebens des Einzelnen zu finden, dokumentierten Dichter und Schriftsteller den Reichtum des Lebens in verschiedenen Phasen. Das Leben ist also vielleicht mehr als faszinierend

Arya Mitesh Gala
SYJC (2021 – 2022)

Positives Denken

Positives Denken ist eine reflexive Haltung, die über die Zeit entwickelt oder aufgesogen wird und Sie dazu bringt, faire und gewünschte Ergebnisse zu erwarten. Die Kraft der Positivität besteht darin, Energie zu erzeugen, zu verstärken und in die Realität umzusetzen, mit der Einstellung, unabhängig von der Situation ein gesundes und glückliches Ende zu suchen.

Positives Denken führt einen Menschen zum Erfolg, da er eine Einstellung entwickelt, die ihm hilft zu glauben, dass er die Dinge erreichen kann und sich nicht von Problemen behindert, die sich mit Erfolg kreuzen. Positives Denken wird durch Entschlossenheit, Ausdauer, Selbstvertrauen und harte Arbeit erreicht.

Positivität spielt eine wichtige Rolle, und viele wohlhabende Menschen haben dies durch die Stärkung positiver Denkweisen in ihrem persönlichen und beruflichen Leben erreicht. Daher suchen Menschen in herausfordernden Situationen nach etwas Licht, das sie zu positivem Denken führt.

Positives Denken weckt mehr Energie, führt zu Entschlossenheit und harter Arbeit und führt letztendlich zum Erfolg. Es wäre am besten, sich daran zu erinnern, dass nichts Menschen dazu bringt, sich mit ganzem Herzen zu bemühen, eine Aufgabe als positives Denken zu erfüllen.

Der Junge der Wolf Schrie

Es war einmal ein Junge, der sich langweilte, als er die Schafe des Dorfes beobachtete, die am Hang grasten. Um sich zu unterhalten, sang er: „Wolf! Wolf! Der Wolf jagt die Schafe!“

Als die Dorfbewohner den Schrei hörten, rannten sie den Hügel hinauf, um den Wolf zu vertreiben. Aber als sie ankamen, sahen sie keinen Wolf. Der Junge war amüsiert, als er ihre wütenden Gesichter sah.

„Schrei keinen Wolf, Junge“, warnten die Dorfbewohner, „wenn kein Wolf da ist!“ Wütend gingen sie den Hügel hinunter.

Später rief der Hirtenjunge noch einmal: „Wolf! Wolf! Der Wolf jagt die Schafe!“ Zu seiner Belustigung sah er zu, wie die Dorfbewohner den Hügel hinauf gerannt kamen, um den Wolf zu verscheuchen.

Als sie sahen, dass es keinen Wolf gab, sagten sie streng: „Heben Sie sich Ihren Angstschrei auf, wenn es wirklich einen Wolf gibt! Schrei nicht ‚Wolf‘, wenn es keinen Wolf gibt!“ Aber der Junge grinste bei ihren Worten, während sie wieder grummelnd den Hügel hinunter gingen.

Später sah der Junge einen echten Wolf um seine Herde herumschleichen. Erschrocken sprang er auf und rief so laut er konnte: „Wolf! Wolf!” Aber die Dorfbewohner dachten, er würde sie wieder täuschen, und so kamen sie nicht, um zu helfen.

Bei Sonnenuntergang machten sich die Dorfbewohner auf die Suche nach dem Jungen, der nicht mit ihren Schafen zurückgekehrt war. Als sie den Hügel hinauf stiegen, fanden sie ihn weinend.

„Hier war wirklich ein Wolf! Die Herde ist weg! Ich habe ‚Wolf!‘ geschrien, aber du bist nicht gekommen“, jammerte er. Ein alter Mann ging hin, um den Jungen zu trösten. Als er seinen Arm um ihn legte, sagte er: „Niemand glaubt einem Lügner, selbst wenn er die Wahrheit sagt!

Die Moral

Lügen bricht das Vertrauen – selbst wenn du die Wahrheit sagst, glaubt niemand einem Lügner

Arya Mitesh Gala
SYJC (2021 – 2022)

Meine Kleinstadt

Die Stadt, in der ich wohne, ist ziemlich klein. Sie hat nur 45.000 Einwohner und ist umgeben von Landwirtschaft und Wäldern. Wir haben auch einen schönen See, welcher im Sommer eine große Attraktion ist, und viele Touristen machen hier dann Urlaub. Ich bin früher immer Eislaufen auf dem See gewesen, als es im Winter noch kälter war. Man kann dort schwimmen, segeln oder windsurfen und man kann sogar Wakeboarding lernen. Meine Stadt liegt nicht weit von einer großen Stadt, so dass die Leute dort auch Shoppen gehen können, da die Zugfahrt nur 15 Minuten dauert. Unser Stadtzentrum ist sehr alt und klein. Es gibt kleine Geschäfte und entspannende Atmosphäre . Es ist toll für Familien dort, weil es sehr sicher ist und eine Fußgängerzone hat, wo keine Fahrzeuge erlaubt sind. Im Sommer kann man in einen der italienischen Eis-Cafés draußen sitzen und die Passanten beobachten. Wir haben auch viele Schwimmbäder und Freibäder. Hier kann man immer was unternehmen, außer ins Kino zu gehen. Es wurde vor ein paar Jahren geschlossen, weil jetzt jeder in das riesige Kino in der großen Stadt geht. Ich lebe gern hier, da alles was ich brauche dicht dran ist und ich hier eine tolle Zeit mit meinen Freunden haben kann.

Arya Mitesh Gala
SYJC (2021 – 2022)

Er ist's" by Eduard Mörike

Frühling lässt sein blaues Band
(Spring lets its blue ribbon)
wieder flattern durch die Lüfte;
(Once again flutter through the airs;)

süße, wohlbekannte Düfte
(Sweet, well-known scents)
streifen ahnungsvoll das Land.
(Portentously streak the country.)

Veilchen träumen schon,
(Violets already dream,)
wollen balde kommen.
(Want to come soon.)

Horch, von fern ein leiser Harfenton!
(Listen, from far away a sweet harp!)
Frühling, ja du bist's!
(Spring, it's you!)
Dich hab' ich vernommen!
(I've heard you!)

Sakshi Divekar
SYJC (2021 – 2022)

Quotes
Phrases
Idioms

Quotes

- Verbreite Liebe, wohin du auch gehst. Lass niemanden zu dir kommen, ohne glücklicher zu gehen. -Mutter Teresa
- Wenn Sie das Ende Ihres Seils erreichen, binden Sie einen Knoten ein und hängen Sie sich daran fest. -Franklin D. Roosevelt
- Denken Sie immer daran, dass Sie absolut einzigartig sind. Genau wie jeder andere. -Margaret Mead
- Beurteilen Sie nicht jeden Tag nach der Ernte, die Sie ernten, sondern nach den Samen, die Sie pflanzen. -Robert Louis Stevenson
- Die Zukunft gehört denen, die an die Schönheit ihrer Träume glauben. -Eleanor Roosevelt
- Sag es mir und ich vergesse. Lehre mich und ich erinnere mich. Involviere mich und ich lerne. -Benjamin Franklin
- Die besten und schönsten Dinge der Welt kann man nicht sehen oder gar anfassen – sie müssen mit dem Herzen gefühlt werden. -Helen Keller
- In unseren dunkelsten Momenten müssen wir uns konzentrieren, um das Licht zu sehen. -Aristoteles
- Wer glücklich ist, macht auch andere glücklich. -Anne Frank
- Gehen Sie nicht dorthin, wo der Weg führen kann, sondern gehen Sie dorthin, wo es keinen Weg gibt, und hinterlassen Sie eine Spur. -Ralph Waldo Emerson

Phrases and Idioms

1 – Die Daumen drücken

'Die Daumen drücken' literally means to 'press the thumbs'. It's funny how close this is to the actual English translation, 'to keep one's fingers crossed.'

2 – Um den heißen Brei herumreden

Germans are allegedly cold and direct, so you probably won't find them beating around the bush. But if you happen to want someone to get straight to the point, you can tell them: 'Rede nicht um den heißen Brei herum' (literally: stop talking around the hot mash).

3 – Lügen haben kurze Beine

According to the Germans, 'lies have short legs'. The meaning of this expression is pretty straightforward. It can be handy if you feel that the person who was previously 'talking around the hot mash' may now be lying to your face. Either way, their lies won't get very far with those little legs.

4 – Fix und fertig

You may be tired of saying 'ich bin müde' to express how tired you feel. Well, you can also say 'ich bin fix und fertig'. Although this translates directly to 'I'm quick and ready', it actually means 'I'm exhausted'.

5 – Ich glaube ich Spinne

Sometimes, German idioms make a lot of sense, and sometimes you can't understand the origin of the expression. This one counts towards the latter. When you feel you're going crazy, in German you literally say 'I believe I am a spider'.

6 – Ich verstehe nur Bahnhof

This phrase literally translates to 'I only understand the train station', but is equivalent to 'It is all Greek to me'. It's an old expression from WWI soldiers who used to say that the only thing they understood when given orders was 'train station', as they hoped for the train back from the battlefield.

7 – Mist!

You missed your train? Or you were clumsy and dropped something? 'Mist!' is the perfect German word to express frustration, anger or surprise. You could translate 'Mist' with 'Damn'.

8 – Da steppt der Bär

Your friends organized a party and you couldn't wait to come. 'There will be a dancing bear' they said. Of course, there wasn't. But you now know that you can use this expression to tell everyone where the fun's at next time you throw a party.

9 – Einen Kater haben

You had too many pilsners at your friend's party and regret it the following morning? Well, being hungover happens and you can surely make it through the day. But if you want to tell your German friends how you feel, you'll need to say literally 'I have a cat': 'ich habe einen Kater'.

10 – Alles hat ein Ende, nur die Wurst hat zwei

Germany is a land of sausage and poets, and that's probably why Germans came up with this popular poetic wisdom: 'everything has an end, only the sausage has two'. Pragmatism and simplicity; the German conception of beauty.

11 – Auch ein blindes Huhn findet mal ein Korn

Literally, it means 'even a blind chicken can find a grain' which is the German equivalent of 'Every dog has its day'. No matter how dire the circumstances you will have your day. Don't worry, be happy!

12 – Halt die Ohren steif!

'Chin up !' Also when literally translated it means to 'keep a stiff upper lip' is the Germans way of cheering you up in the face of adversities! So the next time your friend (god forbid) flunks the math test say with assurance "Halt die Ohren steif!"

14 – es schüttet wie aus Eimern

Remember the day when you waded through waterlogged areas to reach your school, only to find it is shut! It was raining cats and dogs back then wasn't it? It means 'it pours like buckets' but you get the point.

15 – aus den Augen, aus dem Sinn

They say the public memory is temporary. Once actors reach their saturation point they are forgotten by the people. they are then out of sight out of mind a.k.a aus den augen aus den sind !

16 – lachen ist die beste Medizin

Laughter is the best medicine! I need not elaborate on that any further yet I'll because I have free time and if you are reading this, you've got it too. See that's funny, I just laughed. You should have too. Otherwise, what's the point of your teeth?

17 – das ist Schnee von Gestern

This phrase translates to 'that's yesterday's snow' but it is best translated as 'water under the bridge'. It indicates that what's happened is in the past, now onward to the future.



Recipes

Chia - und Kokospudding

Zutaten

400g Dose Biolite-Kokoscreme

80ml (1/3 Tasse) Honig

1/3 Tasse Bioglan SuperFoods Chia Samen

Blaubeeren zum Servieren

Geröstete Kokosnuss zum Servieren

(optional)

Method Schritte



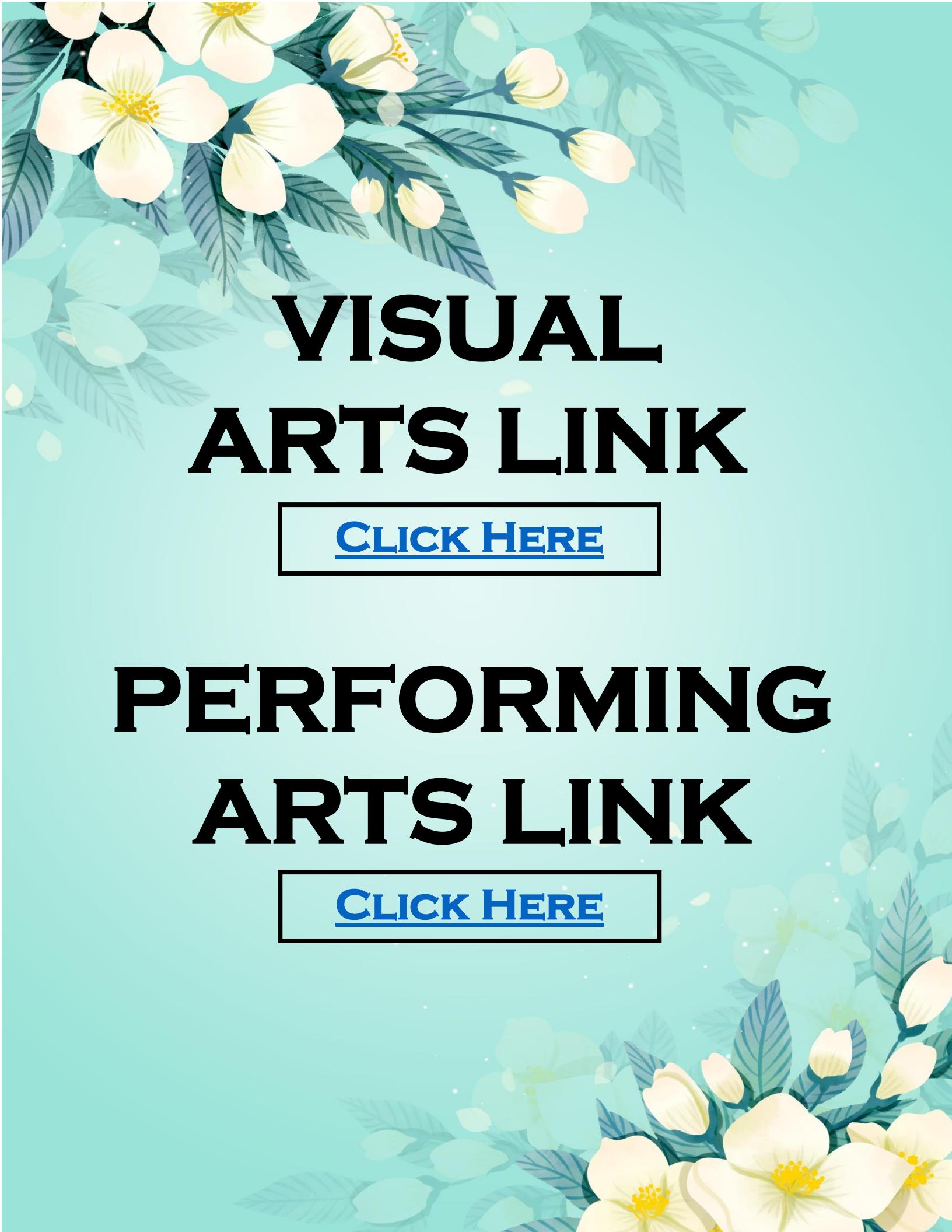
Schritt 1

Kokoscreme, Honig und Bioglan SuperFoods Chia Samen in eine Schüssel geben. Zum Kombinieren gut umrühren. Abdecken Sie die Mischung zum Eindicken für 4 Stunden oder über Nacht im Kühlschrank lagern.

Schritt 2

Auf Serviergläser verteilen. Sie können das Gericht mit Beeren und Kokos garnieren.

Arya Mitesh Gala
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VISUAL ARTS LINK

CLICK HERE

PERFORMING ARTS LINK

CLICK HERE



We are grateful for the time you have invested in reading our **Second Issue**. Ask any of us and we can tell you the hours we spend on creating the **Performing**, **Visual** and **Literary Art** works, and the discussions we had about each topic. But without you, the efforts would have been for naught. Hence, we sincerely thank you.

We would like to conclude by saying...

As another spring is here,
We walk into it with new hope,
Though restricted no one is bounded,
Let us keep creativity and passion flowing
and finding new ideas,
May we be open to frontiers of beauty,
art and knowledge always.

TEACHERS' TEAM WITH

MAGAZINE HEADS



STUDENTS

TEAM



Signing off..... (The E-Spring Book Team)